



Seven Bridges Road



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



20

CALORIES



192 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 2 cups curacao dry
- ☐ 2.5 cups hendrick's gin
- ☐ 0.5 cup r honey
- ☐ 1 optional: lemon with cloves thinly sliced
- ☐ 2 cups juice of lemon fresh
- ☐ 750 milliliter sparkling white wine dry
- ☐ 1.5 cups aquavit
- ☐ 750 milliliter pimm's no. 1

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- ☐ 750 milliliter pimm's no. 1

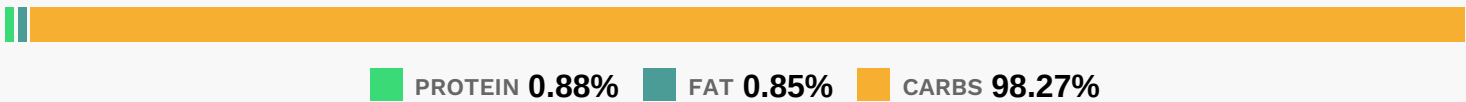
Equipment

- ☐ bowl

Directions

- ☐ Dissolve honey in 1/3 cup hot water. Chill syrup until cold.
- ☐ Combine Pimm's, gin, curaao, lemon juice, aquavit, and honey syrup in a punch bowl and chill 2–6 hours.
- ☐ Thirty minutes before serving, add wine, lemon slices, and ice cubes.

Nutrition Facts



Properties

Glycemic Index:4.11, Glycemic Load:3.79, Inflammation Score:-3, Nutrition Score:1.2186956482575%

Flavonoids

Malvidin: 0.02mg, Malvidin: 0.02mg, Malvidin: 0.02mg, Malvidin: 0.02mg Catechin: 0.29mg, Catechin: 0.29mg, Catechin: 0.29mg, Catechin: 0.29mg Epicatechin: 0.21mg, Epicatechin: 0.21mg, Epicatechin: 0.21mg, Epicatechin: 0.21mg Eriodictyol: 1.19mg, Eriodictyol: 1.19mg, Eriodictyol: 1.19mg, Eriodictyol: 1.19mg Hesperetin: 3.68mg, Hesperetin: 3.68mg, Hesperetin: 3.68mg, Hesperetin: 3.68mg Naringenin: 0.48mg, Naringenin: 0.48mg, Naringenin: 0.48mg, Naringenin: 0.48mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg

Nutrients (% of daily need)

Calories: 191.74kcal (9.59%), Fat: 0.06g (0.09%), Saturated Fat: 0.01g (0.06%), Carbohydrates: 15.5g (5.17%), Net Carbohydrates: 15.41g (5.6%), Sugar: 12.11g (13.45%), Cholesterol: 0mg (0%), Sodium: 2.81mg (0.12%), Alcohol: 21.03g (100%), Alcohol %: 21.4% (100%), Protein: 0.14g (0.28%), Vitamin C: 9.49mg (11.5%), Manganese: 0.07mg (3.28%), Potassium: 57.25mg (1.64%), Vitamin B6: 0.03mg (1.63%), Magnesium: 5.46mg (1.37%), Folate: 5.43µg (1.36%), Phosphorus: 10.35mg (1.03%)