



Shari's Streusel Coffee Cake

READY IN



60 min.

SERVINGS



12

CALORIES



199 kcal

MORNING MEAL

BRUNCH

BREAKFAST

DESSERT

Ingredients

- ☐ 2 teaspoons double-acting baking powder
- ☐ 0.5 cup brown sugar
- ☐ 2 tablespoons butter melted
- ☐ 2 eggs
- ☐ 2 tablespoons flour all-purpose
- ☐ 2 teaspoons ground cinnamon
- ☐ 0.5 cup half-and-half cream
- ☐ 0.5 teaspoon salt
- ☐ 0.3 cup shortening

- ☐ 0.5 cup walnuts chopped
- ☐ 0.8 cup sugar white

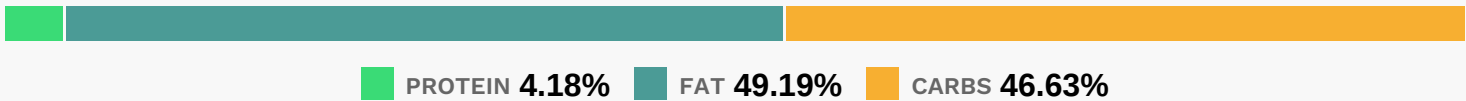
Equipment

- ☐ bowl
- ☐ frying pan
- ☐ oven
- ☐ baking pan
- ☐ toothpicks

Directions

- ☐ Preheat oven to 375 degrees F (190 degrees C). Grease and flour a 9x13 inch baking pan.
- ☐ Cream together the white sugar and shortening. Beat in eggs one at a time. Stir in half and half. In a separate bowl, sift together 1 1/2 cups flour, baking powder and salt. Stir flour mixture into cream/egg mixture.
- ☐ In a small bowl, stir together brown sugar, 2 tablespoons flour, cinnamon and walnuts. Stir in melted butter.
- ☐ Spread half of the cake batter in bottom of prepared pan.
- ☐ Sprinkle half of the streusel mixture over the batter.
- ☐ Spread the other half of the batter over the streusel mixture and top off with the rest of the streusel mixture.
- ☐ Bake in preheated oven for 25 to 35 minutes, until a toothpick inserted into center of the cake comes out clean.

Nutrition Facts



Properties

Glycemic Index:26.01, Glycemic Load:9.66, Inflammation Score:-1, Nutrition Score:3.117826109995%

Flavonoids

Cyanidin: 0.13mg, Cyanidin: 0.13mg, Cyanidin: 0.13mg, Cyanidin: 0.13mg

Nutrients (% of daily need)

Calories: 198.75kcal (9.94%), Fat: 11.26g (17.32%), Saturated Fat: 3.51g (21.92%), Carbohydrates: 24.01g (8%), Net Carbohydrates: 23.47g (8.53%), Sugar: 21.95g (24.39%), Cholesterol: 35.83mg (11.94%), Sodium: 202.15mg (8.79%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 2.15g (4.31%), Manganese: 0.24mg (12.1%), Calcium: 70.77mg (7.08%), Phosphorus: 58.06mg (5.81%), Selenium: 3.46µg (4.94%), Copper: 0.09mg (4.6%), Vitamin B2: 0.07mg (4.11%), Vitamin E: 0.46mg (3.07%), Iron: 0.51mg (2.83%), Magnesium: 11.12mg (2.78%), Folate: 11µg (2.75%), Vitamin A: 135.56IU (2.71%), Vitamin K: 2.83µg (2.69%), Vitamin B6: 0.05mg (2.43%), Vitamin B1: 0.03mg (2.23%), Vitamin B5: 0.22mg (2.2%), Fiber: 0.54g (2.15%), Zinc: 0.31mg (2.04%), Potassium: 60.86mg (1.74%), Vitamin B12: 0.09µg (1.47%)