



Sherry Splash

 **Gluten Free**  **Dairy Free**

READY IN



5 min.

SERVINGS



1

CALORIES



110 kcal

BEVERAGE

DRINK

Ingredients

- 0.5 ounce hendrick's gin
- 1 serving ice cubes
- 1 serving optional: lemon for serving
- 1 ounce cooking sherry
- 0.5 ounce st. germain

Equipment

Directions

- Place a cocktail glass in the freezer to chill.
- Place the sherry, gin, and elderflower liqueur in a cocktail shaker.
- Add ice to fill the shaker halfway. Stir briskly with a barspoon until thoroughly chilled, about 30 seconds. Strain into the chilled cocktail glass and garnish with the lemon twist.

Nutrition Facts

PROTEIN 1.38% **FAT 0.67%** **CARBS 97.95%**

Properties

Glycemic Index:55.5, Glycemic Load:0.23, Inflammation Score:-2, Nutrition Score:0.64478260756511%

Flavonoids

Malvidin: 0.02mg, Malvidin: 0.02mg, Malvidin: 0.02mg, Malvidin: 0.02mg Catechin: 0.22mg, Catechin: 0.22mg, Catechin: 0.22mg, Catechin: 0.22mg Epicatechin: 0.16mg, Epicatechin: 0.16mg, Epicatechin: 0.16mg, Epicatechin: 0.16mg Eriodictyol: 1.5mg, Eriodictyol: 1.5mg, Eriodictyol: 1.5mg, Eriodictyol: 1.5mg Hesperetin: 2.07mg, Hesperetin: 2.07mg, Hesperetin: 2.07mg, Hesperetin: 2.07mg Naringenin: 0.15mg, Naringenin: 0.15mg, Naringenin: 0.15mg, Naringenin: 0.15mg Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg Quercetin: 0.09mg, Quercetin: 0.09mg, Quercetin: 0.09mg, Quercetin: 0.09mg

Nutrients (% of daily need)

Calories: 109.52kcal (5.48%), Fat: 0.02g (0.03%), Saturated Fat: 0g (0.02%), Carbohydrates: 6.89g (2.3%), Net Carbohydrates: 6.69g (2.43%), Sugar: 5.9g (6.55%), Cholesterol: 0mg (0%), Sodium: 4.5mg (0.2%), Alcohol: 7.65g (100%), Alcohol %: 8.1% (100%), Protein: 0.1g (0.19%), Vitamin C: 3.71mg (4.5%), Manganese: 0.04mg (1.89%)