



Sherry Vinaigrette

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



4 min.

SERVINGS



4

CALORIES



38 kcal

SIDE DISH

Ingredients

- 0.5 teaspoon pepper black freshly ground
- 0.5 teaspoon ground mustard
- 1 tablespoon olive oil
- 0.3 teaspoon salt
- 2.5 tablespoons shallots minced (1 large)
- 1 tablespoon sherry vinegar

Equipment

- whisk

Directions

Combine all ingredients, stirring with a whisk.

Nutrition Facts

A horizontal bar chart showing the macronutrient composition. The bar is divided into three segments: a small green segment for Protein (2.58%), a large teal segment for Fat (84.05%), and a small orange segment for Carbs (13.37%).

■ PROTEIN 2.58% ■ FAT 84.05% ■ CARBS 13.37%

Properties

Glycemic Index:15.5, Glycemic Load:0.29, Inflammation Score:-1, Nutrition Score:0.80956521816552%

Nutrients (% of daily need)

Calories: 38.05kcal (1.9%), Fat: 3.61g (5.55%), Saturated Fat: 0.49g (3.08%), Carbohydrates: 1.29g (0.43%), Net Carbohydrates: 1g (0.36%), Sugar: 0.51g (0.57%), Cholesterol: 0mg (0%), Sodium: 146.54mg (6.37%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.25g (0.5%), Vitamin E: 0.52mg (3.48%), Manganese: 0.06mg (2.92%), Vitamin K: 2.58µg (2.46%), Fiber: 0.29g (1.17%), Vitamin B6: 0.02mg (1.16%)