



Shiprock



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



1440 min.

SERVINGS



1

CALORIES



1043 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 2.5 ounces hendrick's gin
- ☐ 0.8 ounce ginger
- ☐ 2 ounces ginger peeled
- ☐ 1 serving ice cubes
- ☐ 0.8 ounce juice of lemon
- ☐ 1 serving cranberry-orange relish
- ☐ 2 dashes orange-flower water
- ☐ 1 rubbed sage

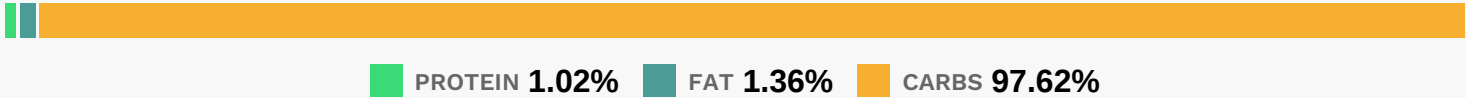
- ☐ 1 cup sugar
- ☐ 1 cup water hot

Equipment

Directions

- ☐ For the ginger syrup: Stir sugar into water until sugar dissolves. Muddle ginger root and add to syrup. Cover and refrigerate for 24 hours, then strain.
- ☐ For the cocktail: Muddle sage lightly in cocktail shaker. Fill with ice.
- ☐ Add gin, lemon, ginger syrup, and orange blossom water. Shake well and strain into cocktail glass.
- ☐ Garnish with orange twist.

Nutrition Facts



Properties

Glycemic Index:157.59, Glycemic Load:145.06, Inflammation Score:-7, Nutrition Score:9.198260721953%

Flavonoids

Eriodictyol: 1.04mg, Eriodictyol: 1.04mg, Eriodictyol: 1.04mg, Eriodictyol: 1.04mg Hesperetin: 27.6mg, Hesperetin: 27.6mg, Hesperetin: 27.6mg, Hesperetin: 27.6mg Naringenin: 14.08mg, Naringenin: 14.08mg, Naringenin: 14.08mg, Naringenin: 14.08mg Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg Quercetin: 0.48mg, Quercetin: 0.48mg, Quercetin: 0.48mg, Quercetin: 0.48mg

Nutrients (% of daily need)

Calories: 1043.38kcal (52.17%), Fat: 1.4g (2.15%), Saturated Fat: 0.19g (1.17%), Carbohydrates: 225.2g (75.07%), Net Carbohydrates: 221.38g (80.5%), Sugar: 209.88g (233.2%), Cholesterol: 0mg (0%), Sodium: 27.7mg (1.2%), Alcohol: 23.67g (100%), Alcohol %: 3.97% (100%), Protein: 2.35g (4.7%), Vitamin C: 60.04mg (72.77%), Fiber: 3.82g (15.29%), Copper: 0.3mg (14.83%), Potassium: 514.83mg (14.71%), Magnesium: 47.15mg (11.79%), Manganese: 0.23mg (11.37%), Folate: 40.1µg (10.03%), Vitamin B6: 0.19mg (9.6%), Vitamin B1: 0.11mg (7.19%), Vitamin B2: 0.11mg (6.29%), Calcium: 62.18mg (6.22%), Phosphorus: 43.73mg (4.37%), Vitamin B3: 0.87mg (4.36%), Vitamin A: 209.68IU (4.19%), Vitamin B5: 0.41mg (4.11%), Iron: 0.73mg (4.06%), Selenium: 2.22µg (3.17%), Zinc: 0.42mg (2.81%), Vitamin E: 0.4mg (2.69%), Vitamin K: 1.79µg (1.71%)