



Shirley Temple from 7UP



Vegetarian



Vegan



Gluten Free



Dairy Free



Popular

READY IN



45 min.

SERVINGS



1

CALORIES



84 kcal

SIDE DISH

Ingredients



1 ounce rose's® grenadine syrup



1 maraschino cherry red

Equipment

Directions



Serve over 1 cup ice.

Nutrition Facts



 **PROTEIN 0.05%**  **FAT 0.11%**  **CARBS 99.84%**

Properties

Glycemic Index:100, Glycemic Load:18.97, Inflammation Score:1, Nutrition Score:0.16086956558992%

Nutrients (% of daily need)

Calories: 84.23kcal (4.21%), Fat: 0.01g (0.02%), Saturated Fat: 0g (0.01%), Carbohydrates: 21.07g (7.02%), Net Carbohydrates: 20.91g (7.6%), Sugar: 15.14g (16.82%), Cholesterol: 0mg (0%), Sodium: 7.85mg (0.34%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.01g (0.02%)