

Shirley Temple I



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



1 min.

SERVINGS



1

CALORIES



113 kcal

SIDE DISH

Ingredients

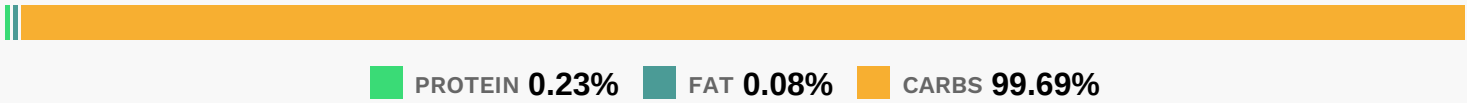
- ☐ 1.5 tablespoons grenadine syrup
- ☐ 0.3 cup lemon-lime carbonated beverage flavored
- ☐ 1 maraschino cherry

Equipment

Directions

In a highball glass, over ice, combine lemon–lime soda and grenadine. Stir well and garnishwith a maraschino cherry.

Nutrition Facts



Properties

Glycemic Index:100, Glycemic Load:20.07, Inflammation Score:1, Nutrition Score:0.18521739064675%

Nutrients (% of daily need)

Calories: 112.84kcal (5.64%), Fat: 0.01g (0.02%), Saturated Fat: 0g (0.01%), Carbohydrates: 28.32g (9.44%), Net Carbohydrates: 28.16g (10.24%), Sugar: 21.92g (24.35%), Cholesterol: 0mg (0%), Sodium: 14.2mg (0.62%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 8.85mg (2.95%), Protein: 0.06g (0.13%)