



Side Car



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



8

CALORIES



183 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 1 cup brandy
- ☐ 8 servings ice cubes
- ☐ 0.5 cup juice of lemon
- ☐ 0.7 cup sugar
- ☐ 8 servings sugar for coating martini glasses
- ☐ 1 cup water
- ☐ 0.5 cup cointreau
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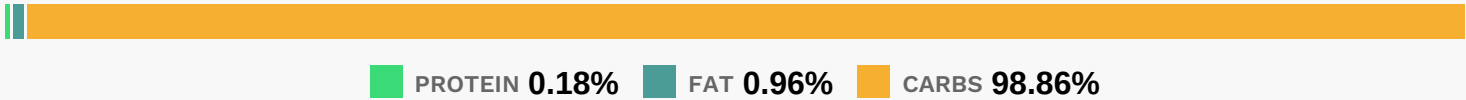
Equipment

☐ sauce pan

Directions

- ☐ In a small saucepan, combine the water and sugar and bring to a boil. Cook over moderate heat, stirring just until the sugar dissolves.
- ☐ Let cool.
- ☐ Fill a cocktail shaker with ice and add 1/4 cup of the syrup, 1/4 cup lemon juice, 1/4 cup Cointreau and 1/2 cup brandy. Shake vigorously until quite cold and strain into 4 frozen, sugar-rimmed martini glass. Repeat with the remaining ingredients to make 4 more drinks.

Nutrition Facts



Properties

Glycemic Index:19.4, Glycemic Load:20.01, Inflammation Score:-1, Nutrition Score:0.59478261240798%

Flavonoids

Eriodictyol: 0.74mg, Eriodictyol: 0.74mg, Eriodictyol: 0.74mg, Eriodictyol: 0.74mg Hesperetin: 2.21mg, Hesperetin: 2.21mg, Hesperetin: 2.21mg, Hesperetin: 2.21mg Naringenin: 0.21mg, Naringenin: 0.21mg, Naringenin: 0.21mg, Naringenin: 0.21mg Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg

Nutrients (% of daily need)

Calories: 183.02kcal (9.15%), Fat: 0.13g (0.2%), Saturated Fat: 0.01g (0.04%), Carbohydrates: 29.6g (9.87%), Net Carbohydrates: 29.56g (10.75%), Sugar: 28.99g (32.22%), Cholesterol: 0mg (0%), Sodium: 5.02mg (0.22%), Alcohol: 10.02g (100%), Alcohol %: 7.96% (100%), Protein: 0.05g (0.11%), Vitamin C: 5.9mg (7.15%), Copper: 0.02mg (1.22%)