



Sidcar Cocktails



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



25 min.

SERVINGS



4

CALORIES



291 kcal

BEVERAGE

DRINK

Ingredients

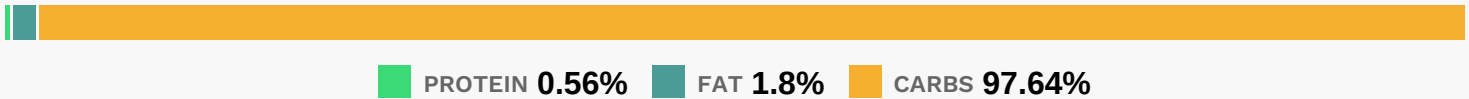
- ☐ 1 cup cognac good
- ☐ 0.3 cup juice of lemon freshly squeezed
- ☐ 4 servings juice of lemon freshly squeezed
- ☐ 4 servings lemon zest
- ☐ 4 servings sugar
- ☐ 0.5 cup triple sec

Equipment

Directions

- ☐ If you want to frost the glasses, dip the rim or 4 martini glasses in a shallow plate of lemon juice and then in the sugar. Allow to dry for 15 minutes.
- ☐ Combine the Cognac, Triple Sec, and lemon juice in a pitcher.
- ☐ Pour some into a cocktail shaker with ice, shake well and pour into the glasses.
- ☐ Garnish with a cherry or lemon peel.

Nutrition Facts



Properties

Glycemic Index:21.27, Glycemic Load:8.38, Inflammation Score:-3, Nutrition Score:1.1947825910605%

Flavonoids

Eriodictyol: 1.48mg, Eriodictyol: 1.48mg, Eriodictyol: 1.48mg, Eriodictyol: 1.48mg Hesperetin: 4.38mg, Hesperetin: 4.38mg, Hesperetin: 4.38mg, Hesperetin: 4.38mg Naringenin: 0.42mg, Naringenin: 0.42mg, Naringenin: 0.42mg, Naringenin: 0.42mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg

Nutrients (% of daily need)

Calories: 290.57kcal (14.53%), Fat: 0.21g (0.32%), Saturated Fat: 0.05g (0.28%), Carbohydrates: 25.64g (8.55%), Net Carbohydrates: 25.39g (9.23%), Sugar: 24.18g (26.86%), Cholesterol: 0mg (0%), Sodium: 3.58mg (0.16%), Alcohol: 27.71g (100%), Alcohol %: 25.68% (100%), Caffeine: 7.67mg (2.56%), Protein: 0.15g (0.29%), Vitamin C: 11.71mg (14.19%), Copper: 0.04mg (1.86%), Folate: 6.05µg (1.51%), Potassium: 42.5mg (1.21%), Manganese: 0.02mg (1.03%)