

Sidecars with Dried Cherries

☒ Vegetarian ☒ Vegan ☒ Gluten Free ☒ Dairy Free

READY IN

ready

5 min.

SERVINGS

servings

2

CALORIES

calories

485 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 6 ounces cognac good divided VS not VSOP
- ☐ 0.3 cup cherries dried
- ☐ 3 ounces grand marnier liqueur
- ☐ 2 servings ice cubes
- ☐ 1 juice of lemon for sugaring the glasses
- ☐ 3 ounces juice of lemon freshly squeezed 2 lemons
- ☐ 0.3 cup sugar

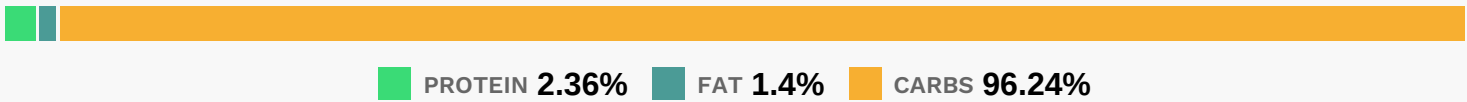
Equipment

- ☐ bowl
- ☐ blender
- ☐ microwave
- ☐ skewers

Directions

- ☐ Watch how to make this recipe.
- ☐ To sugar the glass rims, pour the juice of 1 lemon into a shallow bowl and put the sugar on a small plate. Dip the rim of 2 highball or martini glasses first in the lemon juice and then in the sugar. Set them aside to dry.
- ☐ In a small bowl, combine the dried cherries with 2 ounces of the Cognac and microwave on high for 60 seconds. Set aside.
- ☐ Combine the 3 ounces of lemon juice with the remaining 4 ounces of Cognac, the Grand Marnier, and 1 teaspoon of the marinated cherry liquid. Fill a cocktail shaker three-quarters full with ice and pour in the cocktail mixture. Shake the mixer for a full 30 seconds (it's longer than you think!) and strain into the prepared glasses either straight up or over ice. Thread 3 or 4 marinated cherries on small skewers and serve each drink ice cold with a skewer of cherries.

Nutrition Facts



Properties

Glycemic Index:42.55, Glycemic Load:17.45, Inflammation Score:-7, Nutrition Score:2.905217361191%

Flavonoids

Eriodictyol: 2.81mg, Eriodictyol: 2.81mg, Eriodictyol: 2.81mg, Eriodictyol: 2.81mg Hesperetin: 8.32mg, Hesperetin: 8.32mg, Hesperetin: 8.32mg, Hesperetin: 8.32mg Naringenin: 0.79mg, Naringenin: 0.79mg, Naringenin: 0.79mg, Naringenin: 0.79mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.21mg, Quercetin: 0.21mg, Quercetin: 0.21mg, Quercetin: 0.21mg

Nutrients (% of daily need)

Calories: 484.52kcal (24.23%), Fat: 0.35g (0.53%), Saturated Fat: 0.07g (0.43%), Carbohydrates: 53.61g (17.87%), Net Carbohydrates: 52.02g (18.91%), Sugar: 47.94g (53.26%), Cholesterol: 0mg (0%), Sodium: 10.3mg (0.45%), Alcohol: 39.46g (100%), Alcohol %: 17.78% (100%), Caffeine: 11.06mg (3.69%), Protein: 1.31g (2.63%), Vitamin C:

22.26mg (26.98%), Vitamin A: 541.33IU (10.83%), Fiber: 1.6g (6.39%), Folate: 11.5µg (2.88%), Copper: 0.05mg (2.74%), Potassium: 74.21mg (2.12%), Iron: 0.36mg (2.02%), Calcium: 19.44mg (1.94%), Manganese: 0.03mg (1.52%), Vitamin B1: 0.02mg (1.37%), Vitamin B6: 0.03mg (1.37%), Magnesium: 5.29mg (1.32%), Vitamin B2: 0.02mg (1.29%), Phosphorus: 10.56mg (1.06%)