



## Silly Monster Cookie Pops

 Dairy Free

READY IN



70 min.

SERVINGS



20

CALORIES



118 kcal

### Ingredients

- ☐ 17.5 oz sugar cookie mix
- ☐ 1 serving eggs for on cookie mix pouch
- ☐ 20 celery stalks with round ends)
- ☐ 1 serving betty decorating tips with betty decorating icing)
- ☐ 0.3 cup candy corn
- ☐ 0.9 oz m&m candies
- ☐ 4.3 oz frangelico green black

### Equipment

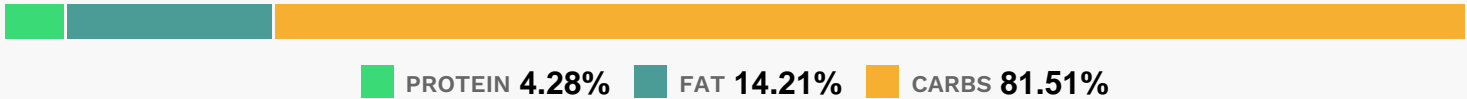
- ☐ bowl

- ☐ baking sheet
- ☐ oven
- ☐ wire rack

## Directions

- ☐ Heat oven to 375°F. In large bowl, stir cookie mix, butter and egg until soft dough forms. Shape dough into 1 1/2-inch balls. On ungreased cookie sheet, place balls 2 inches apart. Flatten slightly. Insert craft stick halfway into each dough ball.
- ☐ Bake 9 to 11 minutes or until edges are lightly browned. Cool 5 minutes; remove from cookie sheet to cooling rack. Cool completely.
- ☐ Attach star tip to each tube of icing; frost cookies. Attach candy corn and candy eyes as desired. Attach plain tip to each tube of icing; pipe mouths and teeth on cookies as desired.

## Nutrition Facts



## Properties

Glycemic Index:1.6, Glycemic Load:0.02, Inflammation Score:-1, Nutrition Score:0.53999999942987%

## Flavonoids

Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg

## Nutrients (% of daily need)

Calories: 118.24kcal (5.91%), Fat: 1.86g (2.86%), Saturated Fat: 0.25g (1.59%), Carbohydrates: 23.98g (7.99%), Net Carbohydrates: 23.89g (8.69%), Sugar: 14.77g (16.41%), Cholesterol: 8.37mg (2.79%), Sodium: 85.9mg (3.73%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.26g (2.52%), Folate: 6.44µg (1.61%), Vitamin B2: 0.02mg (1.22%), Vitamin K: 1.18µg (1.12%), Vitamin B1: 0.02mg (1.11%)