



Simple Neapolitan Cupcakes

READY IN



105 min.

SERVINGS



24

CALORIES



344 kcal

DESSERT

Ingredients

- ☐ 1 box cake mix white
- ☐ 0.5 teaspoon almond extract
- ☐ 0.5 teaspoon vanilla
- ☐ 0.3 cup cocoa powder unsweetened
- ☐ 0.5 cup semisweet chocolate chips miniature
- ☐ 1 cup butter softened
- ☐ 2 lb powdered sugar
- ☐ 0.5 cup whipping cream
- ☐ 0.8 cup strawberries fresh finely chopped

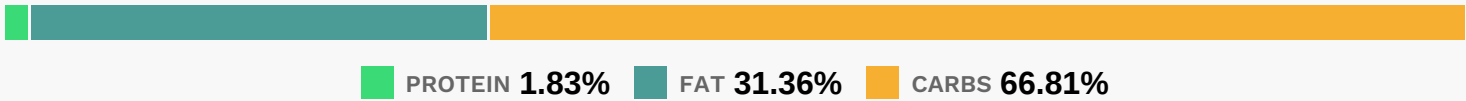
Equipment

- ☐ bowl
- ☐ oven
- ☐ hand mixer
- ☐ muffin liners

Directions

- ☐ Heat oven to 350°F (325°F for dark or nonstick pans).
- ☐ Place white paper baking cup in each of 24 regular-size muffin cups.
- ☐ Make cake mix as directed on box for cupcakes, using water, oil and egg whites and adding almond extract and vanilla.
- ☐ Pour half of batter into small bowl; stir in cocoa and chocolate chips. Divide chocolate batter evenly among muffin cups. Carefully spoon white batter evenly over chocolate batter.
- ☐ Bake as directed. Cool 10 minutes; remove cupcakes from pans to cooling racks. Cool completely, about 30 minutes.
- ☐ Meanwhile, in medium bowl, beat butter, powdered sugar and whipping cream with electric mixer on medium speed until smooth and spreadable. Gradually stir in strawberries, a few tablespoons at a time. Refrigerate 30 minutes. Frost cupcakes. Store in refrigerator.

Nutrition Facts



Properties

Glycemic Index:3.75, Glycemic Load:0.11, Inflammation Score:-3, Nutrition Score:3.6373912899391%

Flavonoids

Cyanidin: 0.08mg, Cyanidin: 0.08mg, Cyanidin: 0.08mg, Cyanidin: 0.08mg Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg Pelargonidin: 1.12mg, Pelargonidin: 1.12mg, Pelargonidin: 1.12mg, Pelargonidin: 1.12mg Catechin: 0.72mg, Catechin: 0.72mg, Catechin: 0.72mg, Catechin: 0.72mg Epigallocatechin: 0.04mg, Epigallocatechin: 0.04mg, Epigallocatechin: 0.04mg, Epigallocatechin: 0.04mg Epicatechin: 1.78mg, Epicatechin: 1.78mg, Epicatechin: 1.78mg, Epicatechin: 1.78mg Epicatechin 3-gallate: 0.01mg, Epicatechin 3-gallate: 0.01mg, Epicatechin 3-gallate: 0.01mg, Epicatechin 3-gallate: 0.01mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg

0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg

Nutrients (% of daily need)

Calories: 344.35kcal (17.22%), Fat: 12.28g (18.89%), Saturated Fat: 7.58g (47.38%), Carbohydrates: 58.86g (19.62%), Net Carbohydrates: 57.81g (21.02%), Sugar: 48.25g (53.61%), Cholesterol: 26.23mg (8.74%), Sodium: 212.94mg (9.26%), Alcohol: 0.06g (100%), Alcohol %: 0.09% (100%), Caffeine: 6.3mg (2.1%), Protein: 1.62g (3.23%), Phosphorus: 98.22mg (9.82%), Manganese: 0.16mg (8.16%), Vitamin A: 312.26IU (6.25%), Copper: 0.12mg (5.92%), Calcium: 58.04mg (5.8%), Iron: 0.9mg (5.02%), Vitamin B2: 0.07mg (4.25%), Folate: 16.93µg (4.23%), Fiber: 1.05g (4.21%), Magnesium: 16.66mg (4.16%), Selenium: 2.88µg (4.12%), Vitamin B1: 0.05mg (3.44%), Vitamin E: 0.5mg (3.3%), Vitamin C: 2.68mg (3.24%), Vitamin B3: 0.6mg (3%), Zinc: 0.32mg (2.14%), Potassium: 69.79mg (1.99%), Vitamin K: 1.88µg (1.79%), Vitamin B5: 0.11mg (1.09%)