



Simple Scalloped Potatoes

 **Gluten Free**  **Very Healthy**

READY IN



120 min.

SERVINGS



1

CALORIES



3780 kcal

SIDE DISH

Ingredients

- 10 slices oscar mayer bacon divided crumbled cooked
- 8 oz philadelphia chive & onion cream cheese spread
- 1 cup milk colby & monterey jack cheeses shredded 2% kraft
- 2 cups chicken broth fat-free reduced-sodium
- 1 cup milk
- 1 onion thinly sliced
- 4.5 lb yukon gold potatoes cut into 1/4-inch-thick slices (18)

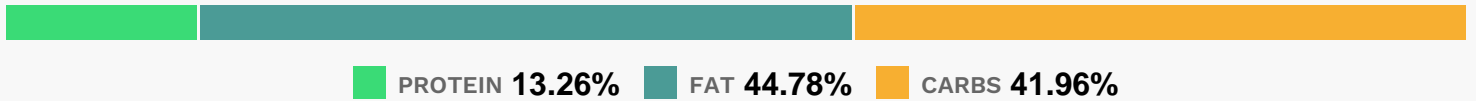
Equipment

- sauce pan
- oven
- whisk
- baking pan

Directions

- Heat oven to 400F.
- Cook first 3 ingredients in saucepan on medium heat until cream cheese spread is melted and mixture comes to boil, stirring constantly with whisk.
- Reserve 2 Tbsp. bacon.
- Layer half each of the potatoes, onions and remaining bacon in 13x9-inch baking dish sprayed with cooking spray; repeat layers.
- Add cream cheese sauce; cover.
- Bake 1-1/2 hours or until potatoes are tender and top is golden brown, uncovering and topping with shredded cheese and reserved bacon for the last 10 min.

Nutrition Facts



Properties

Glycemic Index:148.75, Glycemic Load:267.64, Inflammation Score:-10, Nutrition Score:83.15478283426%

Flavonoids

Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg Isorhamnetin: 5.51mg, Isorhamnetin: 5.51mg, Isorhamnetin: 5.51mg, Isorhamnetin: 5.51mg Kaempferol: 17.04mg, Kaempferol: 17.04mg, Kaempferol: 17.04mg, Kaempferol: 17.04mg Myricetin: 0.03mg, Myricetin: 0.03mg, Myricetin: 0.03mg, Myricetin: 0.03mg Quercetin: 36.62mg, Quercetin: 36.62mg, Quercetin: 36.62mg

Nutrients (% of daily need)

Calories: 3780.19kcal (189.01%), Fat: 189.36g (291.33%), Saturated Fat: 92.62g (578.9%), Carbohydrates: 399.17g (133.06%), Net Carbohydrates: 352.39g (128.14%), Sugar: 40.72g (45.24%), Cholesterol: 440.49mg (146.83%), Sodium: 5382.46mg (234.02%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 126.14g (252.28%), Vitamin C: 410.25mg (497.27%), Vitamin B6: 7.06mg (352.77%), Potassium: 9859.35mg (281.7%), Phosphorus: 2411.78mg

(241.18%), Fiber: 46.78g (187.1%), Calcium: 1775.88mg (177.59%), Manganese: 3.36mg (168.23%), Vitamin B3: 33.4mg (167.01%), Vitamin B1: 2.48mg (165.26%), Magnesium: 575.01mg (143.75%), Copper: 2.48mg (124.19%), Selenium: 84.66µg (120.94%), Vitamin B2: 1.79mg (105.18%), Iron: 18.69mg (103.85%), Folate: 375.79µg (93.95%), Zinc: 13.85mg (92.31%), Vitamin B5: 9.13mg (91.3%), Vitamin A: 3986.35IU (79.73%), Vitamin B12: 4.42µg (73.69%), Vitamin K: 43.52µg (41.45%), Vitamin D: 4.36µg (29.04%), Vitamin E: 1.66mg (11.09%)