



## Simple White Frosting

 Vegetarian  Gluten Free

READY IN



10 min.

SERVINGS



10

CALORIES



184 kcal

FROSTING

ICING

## Ingredients

- ☐ 0.3 cup butter softened
- ☐ 4 tablespoons milk divided
- ☐ 3 cups powdered sugar divided
- ☐ 0.1 teaspoon salt

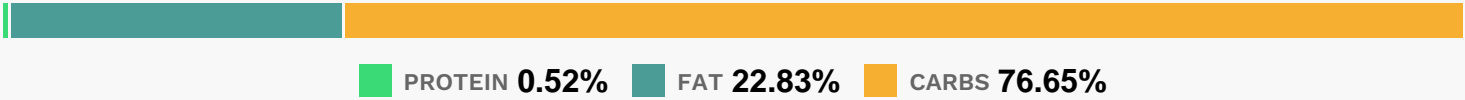
## Equipment

- ☐ hand mixer

# Directions

☐ Beat butter, salt, 1 1/2 cups powdered sugar, and 3 Tbsp. milk at medium speed with an electric mixer until blended. Gradually beat in remaining powdered sugar and milk.

## Nutrition Facts



## Properties

Glycemic Index:8.8, Glycemic Load:0.11, Inflammation Score:-1, Nutrition Score:0.45956521513669%

## Nutrients (% of daily need)

Calories: 184.33kcal (9.22%), Fat: 4.79g (7.38%), Saturated Fat: 3.03g (18.93%), Carbohydrates: 36.21g (12.07%), Net Carbohydrates: 36.21g (13.17%), Sugar: 35.5g (39.44%), Cholesterol: 12.92mg (4.31%), Sodium: 68.56mg (2.98%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.25g (0.49%), Vitamin A: 151.54IU (3.03%)