



Singapore Sling Cocktail

 Gluten Free  Dairy Free

READY IN



10 min.

SERVINGS



1

CALORIES



365 kcal

BEVERAGE

DRINK

Ingredients

- 0.5 fluid ounce cherry-flavored brandy
- 1.5 fluid ounces hendrick's gin
- 0.5 fluid ounce grenadine syrup
- 1 cup ice cubes
- 0.5 fluid ounce juice of lime
- 1 maraschino cherry
- 0.3 fluid ounce liqueur benedictine®
- 1 slice pineapple fresh

4 fluid ounces pineapple juice

0.3 fluid ounce triple sec

Equipment

Directions

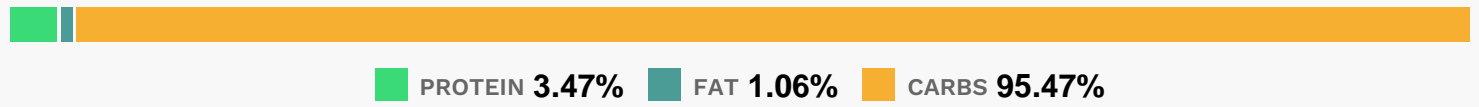
Fill a Collins glass with 1 cup ice and set aside in the freezer.

Combine gin, cherry-flavored brandy, triple sec, Benedictine, pineapple juice, lime juice, and grenadine in a cocktail shaker.

Add 1 cup ice, cover and shake until chilled. Strain into the prepared Collins glass.

Garnish with slice of pineapple and a cherry.

Nutrition Facts



Properties

Glycemic Index:219.67, Glycemic Load:22.55, Inflammation Score:-5, Nutrition Score:10.045217146044%

Flavonoids

Eriodictyol: 0.32mg, Eriodictyol: 0.32mg, Eriodictyol: 0.32mg, Eriodictyol: 0.32mg Hesperetin: 1.33mg, Hesperetin: 1.33mg, Hesperetin: 1.33mg, Hesperetin: 1.33mg Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.19mg, Quercetin: 0.19mg, Quercetin: 0.19mg, Quercetin: 0.19mg

Nutrients (% of daily need)

Calories: 365.01kcal (18.25%), Fat: 0.29g (0.44%), Saturated Fat: 0.03g (0.17%), Carbohydrates: 58.13g (19.38%), Net Carbohydrates: 56.5g (20.54%), Sugar: 47.13g (52.37%), Cholesterol: 0mg (0%), Sodium: 89.46mg (3.89%), Alcohol: 19.72g (100%), Alcohol %: 4.57% (100%), Protein: 2.1g (4.23%), Manganese: 1.39mg (69.45%), Vitamin C: 56.42mg (68.38%), Copper: 0.26mg (12.83%), Vitamin B6: 0.22mg (10.94%), Folate: 38.33µg (9.58%), Vitamin B1: 0.14mg (9.47%), Potassium: 271.95mg (7.77%), Magnesium: 29.13mg (7.28%), Fiber: 1.63g (6.53%), Phosphorus: 42.06mg (4.21%), Calcium: 39.57mg (3.96%), Iron: 0.69mg (3.85%), Vitamin B2: 0.06mg (3.77%), Vitamin B3: 0.69mg (3.47%), Vitamin B5: 0.27mg (2.68%), Zinc: 0.32mg (2.13%), Selenium: 1.33µg (1.9%), Vitamin A: 64.28IU (1.29%), Vitamin K: 1.11µg (1.05%)