



Singapore Sling Slush

 **Gluten Free**  **Dairy Free**

READY IN



30 min.

SERVINGS



46

CALORIES



108 kcal

DESSERT

Ingredients

- 0.5 cup cherry juice
- 2 cups hendrick's gin
- 0.5 cup grenadine syrup
- 0.5 cup juice of lemon
- 4 liter lemon-lime carbonated beverage flavored
- 6 ounce pink lemonade concentrate frozen thawed canned
- 46 maraschino cherries
- 0.5 cup cherry brandy liqueur

- 2.5 cups pineapple juice
- 4 cups water
- 0.5 cup sugar white

Equipment

Directions

- Dissolve the sugar in the water in a gallon-sized, freezer-safe container. Stir in the grenadine, cherry juice, lemon juice, cherry brandy, gin, pineapple juice, and lemonade concentrate. Freeze for 24 hours, stirring at least twice during this time.
- To serve, place 1/4 cup of the slush in a glass, and top with lemon-lime soda.
- Garnish with a cherry to serve.

Nutrition Facts

■ PROTEIN **0.79%**
■ FAT **0.7%**
■ CARBS **98.51%**

Properties

Glycemic Index:5.02, Glycemic Load:4.59, Inflammation Score:-1, Nutrition Score:0.67652174328332%

Flavonoids

Eriodictyol: 0.13mg, Eriodictyol: 0.13mg, Eriodictyol: 0.13mg, Eriodictyol: 0.13mg Hesperetin: 0.38mg, Hesperetin: 0.38mg, Hesperetin: 0.38mg, Hesperetin: 0.38mg Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 108.32kcal (5.42%), Fat: 0.07g (0.1%), Saturated Fat: 0g (0.03%), Carbohydrates: 20.48g (6.83%), Net Carbohydrates: 20.27g (7.37%), Sugar: 18.63g (20.7%), Cholesterol: 0mg (0%), Sodium: 11.72mg (0.51%), Alcohol: 4.52g (100%), Alcohol %: 3.75% (100%), Caffeine: 13.01mg (4.34%), Protein: 0.16g (0.33%), Manganese: 0.07mg (3.4%), Vitamin C: 2.79mg (3.39%), Copper: 0.02mg (1.17%)