

DINNER

Sizzlin' Chicken Fajitas

7 October 2026

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
28 min	10 min	18 min	4	\$2.03	396 kcal

You can never have too many main course recipes, so give Sizzlin' Chicken Fajitas a try. One serving contains 416 calories, 32g of protein, and 13g of fat. For \$2.03 per serving, this recipe covers 29% of your daily requirements of vitamins and minerals. This recipe serves 4. This recipe from My Rec...

Ingredients

- ☐ 2 cups bell pepper strips
- ☐ 4 8-inch (8-inch) flour tortillas
- ☐ ¼ teaspoon ground black pepper
- ☐ 1 tablespoon olive oil, divided
- ☐ ½ teaspoon salt
- ☐ 1 pound skinless, boneless chicken breast, cut into 1-inch strips
- ☐ ¼ teaspoon chili powder
- ☐ ½ teaspoon ground cumin
- ☐ 2 tablespoons fresh lime juice
- ☐ 2 cups thinly sliced onion
- ☐ ¼ cup shredded Mexican-blend cheese

EQUIPMENT Frying pan

Method

- 1

Heat 2 teaspoons oil in a large nonstick skillet over medium-high heat.
- 2

Add bell pepper and next 5 ingredients (bell pepper through black pepper); saut 10 minutes or until vegetables are tender.
- 3

Remove mixture from skillet.

- 4 Heat 1 teaspoon oil over medium-high heat.
- 5 Add chicken; cook, stirring constantly, 5 minutes or until chicken is done. Return vegetable mixture to skillet. Stir in juice; cook until chicken mixture is thoroughly heated.
- 6 Heat tortillas according to package directions.
- 7 Place 1 cup chicken mixture down center of each tortilla; sprinkle each portion with 1 tablespoon shredded cheese, and roll up.

Nutrition per serving

396	32 g	13 g	38 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			3.9 g · 24% of daily needs
Fibre			4.8 g · 19% of daily needs
Sugar			8.6 g · 10% of daily needs
Sodium			849 mg · 37% of daily needs
Cholesterol			79.2 mg · 26% of daily needs
Vitamin C			105 mg · 127% of daily needs

Adapted from My Recipes. Find this recipe, ratings and more ideas at whatsheate.com/sizzlin-chicken-fajitas-148582