



Skillet Drop Biscuits

 Vegetarian

READY IN



5 min.

SERVINGS



60

CALORIES



60 kcal

Ingredients

- ☐ 1 tablespoon butter
- ☐ 1 cup hellmann's real mayonnaise
- ☐ 1.3 cups milk
- ☐ 4 cups self-rising flour

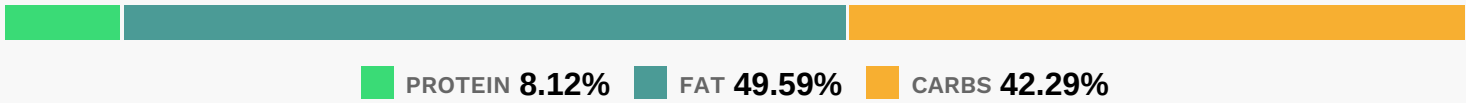
Equipment

- ☐ frying pan
- ☐ oven
- ☐ whisk

Directions

- ☐
- Whisk together milk and mayonnaise until smooth. Stir milk mixture into flour just until blended.
- ☐
- Butter a 10-inch cast-iron skillet; place in a 425 oven for 3 minutes.
- ☐
- Remove skillet from oven; drop batter by rounded 1/4 cupfuls into hot skillet, dropping 8 around edge and 4 in center. (Biscuits will touch.)
- ☐
- Bake at 425 for 25 to 30 minutes or until lightly browned.

Nutrition Facts



Properties

Glycemic Index:3.42, Glycemic Load:4.02, Inflammation Score:-1, Nutrition Score:1.1473913024301%

Nutrients (% of daily need)

Calories: 60.4kcal (3.02%), Fat: 3.29g (5.07%), Saturated Fat: 0.68g (4.24%), Carbohydrates: 6.32g (2.11%), Net Carbohydrates: 6.12g (2.23%), Sugar: 0.31g (0.34%), Cholesterol: 2.72mg (0.91%), Sodium: 27.43mg (1.19%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.21g (2.43%), Vitamin K: 6.14µg (5.85%), Selenium: 3.5µg (5%), Manganese: 0.07mg (3.32%), Phosphorus: 14.4mg (1.44%), Vitamin E: 0.16mg (1.09%)