



## Skinny Clementine Martini

 **Gluten Free**  **Dairy Free**

READY IN



**10 min.**

SERVINGS



**1**

CALORIES



**145 kcal**

BEVERAGE

DRINK

### Ingredients

- 1 serving ice cubes
- 1 oz vodka
- 0.5 oz st. germain
- 3 tablespoons pomegranate juice
- 1 tablespoon juice of lime fresh
- 2 tablespoons seltzer water
- 1 slice lime fresh for garnish

### Equipment

## Directions

- In cocktail shaker filled with ice, add gin, liqueur and juices. Cover; shake until well mixed.
- Strain into martini glass; top off with club soda.
- Garnish as desired.

## Nutrition Facts



■ PROTEIN 1.1% ■ FAT 2.42% ■ CARBS 96.48%

## Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:1.4504347871179%

## Flavonoids

Cyanidin: 1.06mg, Cyanidin: 1.06mg, Cyanidin: 1.06mg, Cyanidin: 1.06mg Delphinidin: 0.36mg, Delphinidin: 0.36mg, Delphinidin: 0.36mg, Delphinidin: 0.36mg Pelargonidin: 0.04mg, Pelargonidin: 0.04mg, Pelargonidin: 0.04mg, Pelargonidin: 0.04mg Eriodictyol: 0.33mg, Eriodictyol: 0.33mg, Eriodictyol: 0.33mg, Eriodictyol: 0.33mg Hesperetin: 1.35mg, Hesperetin: 1.35mg, Hesperetin: 1.35mg, Hesperetin: 1.35mg Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg Quercetin: 0.57mg, Quercetin: 0.57mg, Quercetin: 0.57mg, Quercetin: 0.57mg

## Nutrients (% of daily need)

Calories: 145.16kcal (7.26%), Fat: 0.14g (0.22%), Saturated Fat: 0.04g (0.22%), Carbohydrates: 12.73g (4.24%), Net Carbohydrates: 12.52g (4.55%), Sugar: 11.33g (12.59%), Cholesterol: 0mg (0%), Sodium: 13.65mg (0.59%), Alcohol: 9.47g (100%), Alcohol %: 6.37% (100%), Protein: 0.14g (0.29%), Vitamin C: 5.83mg (7.07%), Vitamin K: 4.7µg (4.48%), Potassium: 114.96mg (3.28%), Folate: 12.28µg (3.07%), Manganese: 0.05mg (2.26%), Vitamin B5: 0.15mg (1.48%), Copper: 0.03mg (1.39%), Vitamin E: 0.2mg (1.36%), Magnesium: 5.31mg (1.33%), Vitamin B6: 0.03mg (1.26%), Calcium: 11.48mg (1.15%)