



Skullduggery Squares

 Vegetarian

READY IN



45 min.

SERVINGS



20

CALORIES



226 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.5 cup butter sliced
- ☐ 15 ounce pumpkin canned
- ☐ 3 eggs beaten
- ☐ 12 ounce evaporated milk canned
- ☐ 2 teaspoons pumpkin pie spice
- ☐ 0.5 teaspoon salt
- ☐ 1 cup sugar
- ☐ 20 servings garnish: whipped topping

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18.5 ounce duncan hines classic decadent cake mix yellow

Equipment

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frying pan

☐

oven

Directions

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Combine all ingredients except cake mix, butter and garnish.

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Pour into a greased 13" x 9" pan.

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Sprinkle on dry cake mix; do not stir. Dot with butter.

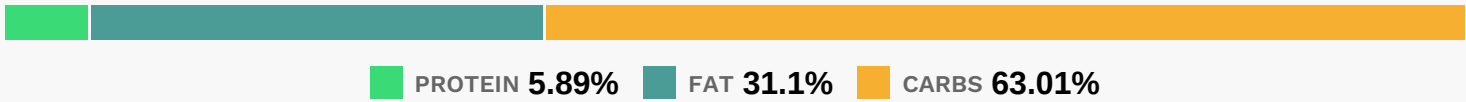
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Bake at 350 degrees for 30 to 35 minutes.

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Serve with whipped topping. Decorate with candy sprinkles or colored sugar.

Nutrition Facts



Properties

Glycemic Index:6, Glycemic Load:6.98, Inflammation Score:-9, Nutrition Score:7.5647827335026%

Nutrients (% of daily need)

Calories: 226.09kcal (11.3%), Fat: 7.95g (12.23%), Saturated Fat: 4.88g (30.51%), Carbohydrates: 36.25g (12.08%), Net Carbohydrates: 35.29g (12.83%), Sugar: 24.85g (27.61%), Cholesterol: 41.78mg (13.93%), Sodium: 317.44mg (13.8%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 3.39g (6.78%), Vitamin A: 3530.99IU (70.62%), Phosphorus: 141.26mg (14.13%), Calcium: 115.01mg (11.5%), Vitamin B2: 0.16mg (9.65%), Folate: 25.2µg (6.3%), Manganese: 0.12mg (5.84%), Iron: 1.04mg (5.77%), Vitamin B1: 0.08mg (5.18%), Selenium: 3.53µg (5.05%), Vitamin E: 0.72mg (4.81%), Vitamin K: 4.88µg (4.65%), Vitamin B5: 0.4mg (3.96%), Fiber: 0.96g (3.84%), Vitamin B3: 0.73mg (3.67%), Potassium: 124.22mg (3.55%), Magnesium: 13.09mg (3.27%), Vitamin B6: 0.05mg (2.68%), Copper: 0.05mg (2.56%), Zinc: 0.34mg (2.26%), Vitamin B12: 0.13µg (2.18%), Vitamin C: 1.26mg (1.53%)