



Slow-Cooker Chicken Cacciatore with Linguine

READY IN



505 min.

SERVINGS



6

CALORIES



602 kcal

LUNCH

MAIN COURSE

MAIN DISH

DINNER

Ingredients

- 1.8 cups chicken broth (from 32-oz carton)
- 1 tablespoon cornstarch
- 1.5 teaspoons basil dried
- 1 bay leaves dried
- 12 oz pasta uncooked
- 4.5 oz mushrooms drained sliced
- 6 servings parmesan shredded
- 0.5 teaspoon salt

- 2.5 lb chicken thighs boneless skinless (12)
- 0.3 teaspoon thyme leaves dried
- 12 oz canned tomatoes italian-style canned
- 0.5 cup wine

Equipment

- bowl
- slow cooker

Directions

- Spray 3- to 4-quart slow cooker with cooking spray.
- Place chicken in cooker.
- Add mushrooms, tomato paste, broth, wine, basil, salt and bay leaf; gently stir to mix.
- Cover; cook on Low heat setting 8 to 10 hours.
- About 15 minutes before serving, cook and drain linguine as directed on package.
- Remove chicken from slow cooker; cover to keep warm. Stir thyme into sauce in cooker. Increase heat setting to High. In small bowl, mix 1/4 cup sauce from cooker and the cornstarch until smooth; stir into remaining sauce in cooker.
- Cover; cook 10 minutes longer, stirring frequently.
- Remove bay leaf before serving.
- Serve chicken and sauce over linguine.
- Sprinkle with cheese.

Nutrition Facts



PROTEIN 39.14% **FAT 26.07%** **CARBS 34.79%**

Properties

Glycemic Index:33.17, Glycemic Load:18.68, Inflammation Score:-6, Nutrition Score:29.210000152173%

Flavonoids

Malvidin: 0.01mg, Malvidin: 0.01mg, Malvidin: 0.01mg, Malvidin: 0.01mg Catechin: 0.15mg, Catechin: 0.15mg, Catechin: 0.15mg, Catechin: 0.15mg Epicatechin: 0.11mg, Epicatechin: 0.11mg, Epicatechin: 0.11mg, Epicatechin: 0.11mg Hesperetin: 0.08mg, Hesperetin: 0.08mg, Hesperetin: 0.08mg, Hesperetin: 0.08mg Naringenin: 0.08mg, Naringenin: 0.08mg, Naringenin: 0.08mg, Naringenin: 0.08mg Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 601.99kcal (30.1%), Fat: 16.76g (25.79%), Saturated Fat: 7.08g (44.22%), Carbohydrates: 50.32g (16.77%), Net Carbohydrates: 47.09g (17.13%), Sugar: 5.16g (5.73%), Cholesterol: 201.32mg (67.11%), Sodium: 1177.52mg (51.2%), Alcohol: 2.06g (100%), Alcohol %: 0.59% (100%), Protein: 56.63g (113.25%), Selenium: 87.95µg (125.65%), Phosphorus: 712.52mg (71.25%), Vitamin B3: 13.25mg (66.23%), Vitamin B6: 1.07mg (53.5%), Calcium: 414.8mg (41.48%), Manganese: 0.75mg (37.67%), Vitamin B2: 0.63mg (37.06%), Zinc: 4.85mg (32.36%), Vitamin B5: 3.14mg (31.42%), Vitamin B12: 1.59µg (26.53%), Magnesium: 104.63mg (26.16%), Potassium: 884.61mg (25.27%), Copper: 0.47mg (23.42%), Vitamin B1: 0.31mg (20.55%), Iron: 3.69mg (20.53%), Fiber: 3.23g (12.91%), Vitamin K: 13.42µg (12.78%), Vitamin E: 1.23mg (8.22%), Vitamin A: 409.78IU (8.2%), Folate: 31.89µg (7.97%), Vitamin C: 5.81mg (7.04%), Vitamin D: 0.19µg (1.28%)