



Slow Cooker Cranberry Chicken

 Dairy Free  Low Fod Map

READY IN



245 min.

SERVINGS



4

CALORIES



655 kcal

LUNCH

MAIN COURSE

MAIN DISH

DINNER

Ingredients

- 16 ounce catalina salad dressing
- 1 envelope onion soup mix
- 4 chicken breast halves boneless skinless
- 14.5 ounce roasted cranberry sauce whole canned

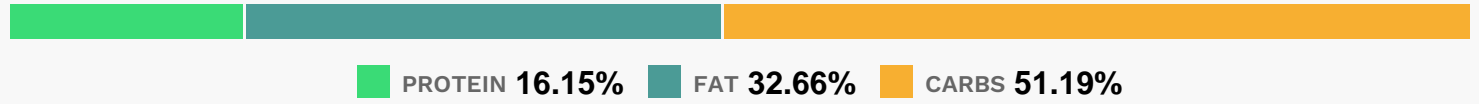
Equipment

- slow cooker

Directions

- Place the chicken breasts in the bottom of a slow cooker.
- Pour the salad dressing, cranberry sauce, and onion soup mix over the chicken.
- Cook on Low 4 to 6 hours.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:12.876086908838%

Flavonoids

Cyanidin: 0.1mg, Cyanidin: 0.1mg, Cyanidin: 0.1mg, Cyanidin: 0.1mg Delphinidin: 0.02mg, Delphinidin: 0.02mg, Delphinidin: 0.02mg, Delphinidin: 0.02mg Pelargonidin: 0.02mg, Pelargonidin: 0.02mg, Pelargonidin: 0.02mg, Pelargonidin: 0.02mg Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Myricetin: 2.77mg, Myricetin: 2.77mg, Myricetin: 2.77mg, Myricetin: 2.77mg Quercetin: 2.47mg, Quercetin: 2.47mg, Quercetin: 2.47mg, Quercetin: 2.47mg

Nutrients (% of daily need)

Calories: 654.91kcal (32.75%), Fat: 23.07g (35.5%), Saturated Fat: 3.95g (24.66%), Carbohydrates: 81.36g (27.12%), Net Carbohydrates: 79.57g (28.94%), Sugar: 63.2g (70.22%), Cholesterol: 72.32mg (24.11%), Sodium: 2339.78mg (101.73%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 25.66g (51.33%), Vitamin B3: 12.04mg (60.18%), Selenium: 37.07µg (52.96%), Vitamin B6: 0.92mg (45.95%), Phosphorus: 262.51mg (26.25%), Vitamin B5: 1.7mg (16.96%), Potassium: 518.97mg (14.83%), Vitamin B2: 0.16mg (9.53%), Magnesium: 37.44mg (9.36%), Vitamin E: 1.18mg (7.89%), Vitamin B1: 0.12mg (7.71%), Manganese: 0.15mg (7.26%), Fiber: 1.79g (7.16%), Iron: 0.96mg (5.36%), Zinc: 0.8mg (5.32%), Copper: 0.09mg (4.63%), Vitamin B12: 0.23µg (3.77%), Vitamin C: 2.72mg (3.3%), Calcium: 23.03mg (2.3%), Vitamin K: 1.8µg (1.72%), Vitamin A: 78.56IU (1.57%), Folate: 5.55µg (1.39%)