



Slow-Cooker Peach Cobbler

 Gluten Free  Popular

READY IN



200 min.

SERVINGS



8

CALORIES



125 kcal

DESSERT

Ingredients

- 4 cups peaches fresh peeled sliced
- 0.3 cup sugar
- 0.5 cup sugar
- 1 cup milk
- 1 serving whipped cream
- 1 cup frangelico

Equipment

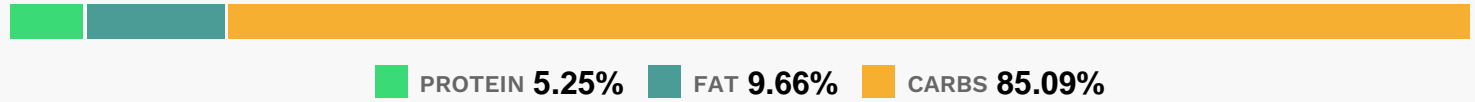
- bowl

- whisk
- slow cooker

Directions

- Spray 6-quart slow cooker with cooking spray. In large bowl, gently toss peaches and 1/4 cup of the sugar. Turn into slow cooker.
- In medium bowl, gently beat Bisquick mix, sugar and milk with whisk until blended.
- Pour over peaches in slow cooker.
- Cover; cook on low heat setting 3 hours or until cobbler is set in center.
- Serve cobbler with ice cream.

Nutrition Facts



Properties

Glycemic Index:34.18, Glycemic Load:16.35, Inflammation Score:-3, Nutrition Score:2.9947826136713%

Flavonoids

Cyanidin: 1.48mg, Cyanidin: 1.48mg, Cyanidin: 1.48mg, Cyanidin: 1.48mg Catechin: 3.79mg, Catechin: 3.79mg, Catechin: 3.79mg, Catechin: 3.79mg Epigallocatechin: 0.8mg, Epigallocatechin: 0.8mg, Epigallocatechin: 0.8mg, Epigallocatechin: 0.8mg Epicatechin: 1.8mg, Epicatechin: 1.8mg, Epicatechin: 1.8mg, Epicatechin: 1.8mg Epigallocatechin 3-gallate: 0.23mg, Epigallocatechin 3-gallate: 0.23mg, Epigallocatechin 3-gallate: 0.23mg, Epigallocatechin 3-gallate: 0.23mg Kaempferol: 0.17mg, Kaempferol: 0.17mg, Kaempferol: 0.17mg, Kaempferol: 0.17mg Quercetin: 0.51mg, Quercetin: 0.51mg, Quercetin: 0.51mg, Quercetin: 0.51mg

Nutrients (% of daily need)

Calories: 124.75kcal (6.24%), Fat: 1.41g (2.17%), Saturated Fat: 0.69g (4.29%), Carbohydrates: 27.97g (9.32%), Net Carbohydrates: 26.82g (9.75%), Sugar: 26.7g (29.67%), Cholesterol: 4.23mg (1.41%), Sodium: 21.85mg (0.95%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.73g (3.45%), Vitamin A: 305.57IU (6.11%), Phosphorus: 48.41mg (4.84%), Fiber: 1.15g (4.62%), Calcium: 41.54mg (4.15%), Vitamin B2: 0.07mg (4.12%), Potassium: 141.17mg (4.03%), Vitamin E: 0.58mg (3.88%), Vitamin C: 3.16mg (3.83%), Selenium: 2.32µg (3.31%), Vitamin B3: 0.65mg (3.27%), Copper: 0.06mg (3.09%), Vitamin B12: 0.17µg (2.78%), Magnesium: 9.9mg (2.48%), Manganese: 0.05mg (2.45%), Vitamin B1: 0.04mg (2.39%), Vitamin B5: 0.23mg (2.34%), Vitamin K: 2.42µg (2.3%), Vitamin D: 0.34µg (2.26%), Zinc: 0.31mg (2.05%), Vitamin B6: 0.04mg (1.91%), Iron: 0.27mg (1.51%), Folate: 4.64µg (1.16%)