



## Slow-Cooker Pizza Fondue

 Vegetarian

READY IN



55 min.

SERVINGS



48

CALORIES



108 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- 16 oz processed cheese food cut into cubes
- 8 oz mozzarella cheese shredded
- 28 oz pasta sauce
- 0.5 cup wine dry red flavored (from 32-oz carton)
- 1 loaf bread crumbs italian cut into 1-inch cubes, if desired

### Equipment

- spatula
- slow cooker

## Directions

- Spray inside of 3- to 4-quart slow cooker with cooking spray. In slow cooker, mix cheeses, pasta sauce and wine.
- Cover; cook on High heat setting 45 to 60 minutes.
- Stir until cheese is smooth. With rubber spatula, scrape down side of slow cooker to help prevent edge of fondue from scorching. Reduce heat setting to Low.
- Serve fondue with bread cubes and wooden picks or fondue forks for dipping. Fondue will hold up to 4 hours.

## Nutrition Facts

**PROTEIN 13.91%** **FAT 62.49%** **CARBS 23.6%**

## Properties

Glycemic Index:2.06, Glycemic Load:0.41, Inflammation Score:-2, Nutrition Score:2.7799999739813%

## Flavonoids

Petunidin: 0.08mg, Petunidin: 0.08mg, Petunidin: 0.08mg, Petunidin: 0.08mg Delphinidin: 0.1mg, Delphinidin: 0.1mg, Delphinidin: 0.1mg, Delphinidin: 0.1mg Malvidin: 0.66mg, Malvidin: 0.66mg, Malvidin: 0.66mg, Malvidin: 0.66mg Peonidin: 0.05mg, Peonidin: 0.05mg, Peonidin: 0.05mg, Peonidin: 0.05mg Catechin: 0.19mg, Catechin: 0.19mg, Catechin: 0.19mg, Catechin: 0.19mg Epicatechin: 0.27mg, Epicatechin: 0.27mg, Epicatechin: 0.27mg, Epicatechin: 0.27mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

## Nutrients (% of daily need)

Calories: 107.94kcal (5.4%), Fat: 7.44g (11.45%), Saturated Fat: 4.15g (25.92%), Carbohydrates: 6.32g (2.11%), Net Carbohydrates: 5.74g (2.09%), Sugar: 3.77g (4.19%), Cholesterol: 13.18mg (4.39%), Sodium: 300.93mg (13.08%), Alcohol: 0.26g (100%), Alcohol %: 0.78% (100%), Protein: 3.73g (7.45%), Calcium: 124.93mg (12.49%), Phosphorus: 85.26mg (8.53%), Vitamin B12: 0.25µg (4.16%), Selenium: 2.81µg (4.02%), Vitamin A: 192.85IU (3.86%), Vitamin B2: 0.05mg (3.22%), Vitamin B3: 0.6mg (3%), Zinc: 0.43mg (2.86%), Potassium: 85.66mg (2.45%), Iron: 0.44mg (2.43%), Fiber: 0.58g (2.31%), Vitamin E: 0.32mg (2.15%), Folate: 8.52µg (2.13%), Magnesium: 7.49mg (1.87%), Vitamin C: 1.16mg (1.4%), Vitamin B1: 0.02mg (1.33%), Copper: 0.02mg (1.19%), Manganese: 0.02mg (1.15%), Vitamin B6: 0.02mg (1.15%)