



## Slow-Cooker Smoky Bacon and Horseradish Dip

READY IN



205 min.

SERVINGS



24

CALORIES



108 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- 1 clove garlic finely chopped
- 0.3 cup onion finely chopped
- 8 ounces cream cheese cubed
- 8 ounces gruyere cheese shredded
- 8 slices bacon smoked cooked chopped
- 2 tablespoons horseradish cream-style
- 0.3 cup parsley fresh italian chopped
- 1 cubes bread french

1 serving round buttery crackers

1 cup frangelico

## Equipment

slow cooker

## Directions

Mix garlic, onion, cream cheese, Gruyère cheese and half-and-half in 1 1/2-quart slow cooker.

Cover and cook on low heat setting 2 1/2 to 3 hours or until mixture is hot.

Stir in bacon, horseradish and parsley. Cover and cook on high heat setting about 15 minutes or until mixture is hot.

Serve with bread cubes or crackers for dipping.

## Nutrition Facts

**PROTEIN 16.42%** **FAT 78.09%** **CARBS 5.49%**

## Properties

Glycemic Index:8.74, Glycemic Load:0.24, Inflammation Score:-2, Nutrition Score:3.1360869731592%

## Flavonoids

Apigenin: 1.8mg, Apigenin: 1.8mg, Apigenin: 1.8mg, Apigenin: 1.8mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Isorhamnetin: 0.08mg, Isorhamnetin: 0.08mg, Isorhamnetin: 0.08mg, Isorhamnetin: 0.08mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Myricetin: 0.13mg, Myricetin: 0.13mg, Myricetin: 0.13mg, Myricetin: 0.13mg Quercetin: 0.34mg, Quercetin: 0.34mg, Quercetin: 0.34mg, Quercetin: 0.34mg

## Nutrients (% of daily need)

Calories: 107.83kcal (5.39%), Fat: 9.39g (14.44%), Saturated Fat: 4.71g (29.43%), Carbohydrates: 1.48g (0.49%), Net Carbohydrates: 1.37g (0.5%), Sugar: 0.62g (0.69%), Cholesterol: 24.78mg (8.26%), Sodium: 157.57mg (6.85%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 4.44g (8.88%), Vitamin K: 14.48µg (13.79%), Calcium: 108.51mg (10.85%), Phosphorus: 81.26mg (8.13%), Vitamin A: 289.48IU (5.79%), Selenium: 3.76µg (5.37%), Zinc: 0.53mg (3.54%), Vitamin B12: 0.21µg (3.48%), Vitamin B2: 0.06mg (3.39%), Vitamin B1: 0.03mg (2.2%), Vitamin C: 1.58mg (1.92%), Vitamin B6: 0.04mg (1.91%), Vitamin B3: 0.37mg (1.83%), Vitamin B5: 0.16mg (1.58%), Magnesium: 6.23mg (1.56%), Potassium: 46.13mg (1.32%), Folate: 4.61µg (1.15%), Vitamin E: 0.17mg (1.13%)