



Slow-Cooker Smoky Bacon and Horseradish Dip

READY IN



205 min.

SERVINGS



24

CALORIES



118 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 8 slices bacon smoked cooked chopped
- 1 cubes bread french
- 8 ounces cream cheese cubed
- 1 clove garlic finely chopped
- 8 ounces gruyere cheese shredded
- 1 cup half and half
- 2 tablespoons horseradish cream-style
- 0.3 cup onion finely chopped

0.3 cup parsley fresh italian chopped

24 servings water

Equipment

slow cooker

Directions

Mix garlic, onion, cream cheese, Gruyre cheese and half-and-half in 1 1/2-quart slow cooker.

Cover and cook on low heat setting 2 1/2 to 3 hours or until mixture is hot.

Stir in bacon, horseradish and parsley. Cover and cook on high heat setting about 15 minutes or until mixture is hot.

Serve with bread cubes or crackers for dipping.

Nutrition Facts

 **PROTEIN 15.91%**  **FAT 79.04%**  **CARBS 5.05%**

Properties

Glycemic Index:8.74, Glycemic Load:0.24, Inflammation Score:-3, Nutrition Score:3.4986956521221%

Flavonoids

Apigenin: 1.8mg, Apigenin: 1.8mg, Apigenin: 1.8mg, Apigenin: 1.8mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Isorhamnetin: 0.08mg, Isorhamnetin: 0.08mg, Isorhamnetin: 0.08mg, Isorhamnetin: 0.08mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Myricetin: 0.13mg, Myricetin: 0.13mg, Myricetin: 0.13mg, Myricetin: 0.13mg Quercetin: 0.34mg, Quercetin: 0.34mg, Quercetin: 0.34mg, Quercetin: 0.34mg

Nutrients (% of daily need)

Calories: 117.76kcal (5.89%), Fat: 10.39g (15.99%), Saturated Fat: 5.38g (33.64%), Carbohydrates: 1.49g (0.5%), Net Carbohydrates: 1.39g (0.51%), Sugar: 0.99g (1.1%), Cholesterol: 28.31mg (9.44%), Sodium: 169.67mg (7.38%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 4.71g (9.42%), Vitamin K: 14.28µg (13.6%), Calcium: 125.37mg (12.54%), Phosphorus: 89.02mg (8.9%), Vitamin A: 325.17IU (6.5%), Selenium: 4.05µg (5.79%), Vitamin B2: 0.08mg (4.44%), Zinc: 0.59mg (3.93%), Vitamin B12: 0.23µg (3.8%), Copper: 0.05mg (2.48%), Magnesium: 9.48mg (2.37%), Vitamin B1: 0.03mg (2.21%), Vitamin B6: 0.04mg (2.14%), Vitamin C: 1.67mg (2.03%), Vitamin B5: 0.18mg (1.84%), Vitamin B3: 0.35mg (1.73%), Potassium: 58.64mg (1.68%), Vitamin E: 0.17mg (1.14%), Folate: 4.43µg (1.11%)