



## Smoked Salmon Crostini

 Popular

READY IN



25 min.

SERVINGS



30

CALORIES



54 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

## Ingredients

- ☐ 1 crusty baguette thin
- ☐ 2 tbsp butter melted
- ☐ 30 servings optional: dill fresh for garnish
- ☐ 6 tbsp cream cheese
- ☐ 2 tbsp olive oil extra virgin
- ☐ 1 sheets purple gel food coloring
- ☐ 2 tbsp optional: dill fresh chopped
- ☐ 0.8 cup greek yogurt

- ☐ 0.5 tbsp juice of lemon fresh
- ☐ 30 servings salt to taste
- ☐ 4 oz salmon smoked

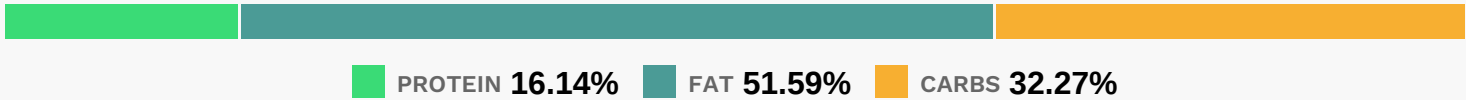
## Equipment

- ☐ food processor
- ☐ baking sheet

## Directions

- ☐ Save Recipe
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- ☐ Smoked Salmon Crostini
- ☐ Ingredients1 thin baguette2 tbsp extra virgin olive oil2 tbsp melted butter3/4 cup Greek yogurt6 tbsp cream cheese2 tbsp fresh chopped dill1/2 tbsp fresh lemon juice
- ☐ Salt to taste4 oz smoked salmon
- ☐ Capers or fresh dill for garnish
- ☐ You will also need
- ☐ Food processor, baking sheet
- ☐ Total Time: 25 Minutes
- ☐ Servings: About 30 crostini
- ☐ Kosher Key: Dairy

## Nutrition Facts



## Properties

Glycemic Index:5.96, Glycemic Load:2.79, Inflammation Score:-1, Nutrition Score:1.8678260834321%

## Flavonoids

Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg Hesperetin: 0.04mg, Hesperetin: 0.04mg, Hesperetin: 0.04mg, Hesperetin: 0.04mg Isorhamnetin: 0.06mg, Isorhamnetin: 0.06mg, Isorhamnetin: 0.06mg, Isorhamnetin: 0.06mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Quercetin: 0.07mg, Quercetin: 0.07mg, Quercetin: 0.07mg, Quercetin: 0.07mg

Nutrients (% of daily need)

Calories: 54.35kcal (2.72%), Fat: 3.11g (4.78%), Saturated Fat: 1.29g (8.05%), Carbohydrates: 4.38g (1.46%), Net Carbohydrates: 4.2g (1.53%), Sugar: 0.67g (0.74%), Cholesterol: 6.08mg (2.03%), Sodium: 292.02mg (12.7%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 2.19g (4.38%), Selenium: 3.41µg (4.88%), Vitamin D: 0.65µg (4.31%), Vitamin B1: 0.05mg (3.42%), Vitamin B2: 0.05mg (3.06%), Vitamin B3: 0.57mg (2.86%), Vitamin B12: 0.17µg (2.77%), Folate: 9.87µg (2.47%), Phosphorus: 24.35mg (2.43%), Manganese: 0.04mg (2.11%), Iron: 0.34mg (1.9%), Calcium: 18.16mg (1.82%), Vitamin E: 0.26mg (1.72%), Vitamin A: 75.88IU (1.52%), Vitamin B6: 0.02mg (1.22%), Copper: 0.02mg (1.03%)