



## S'Mores Delight

 Gluten Free  Dairy Free

READY IN



45 min.

SERVINGS



1

CALORIES



418 kcal

DESSERT

### Ingredients

- 1 oz vanilla almond milk
- 1 Tbs chocolate syrup
- 0.5 oz rum / brandy / coffee liqueur
- 1 Tbs creamy peanut butter
- 0.5 oz rum dark
- 1 serving ice cubes
- 1 serving torched mini-marshmallows for garnish
- 0.5 oz vodka

# Equipment

skewers

# Directions

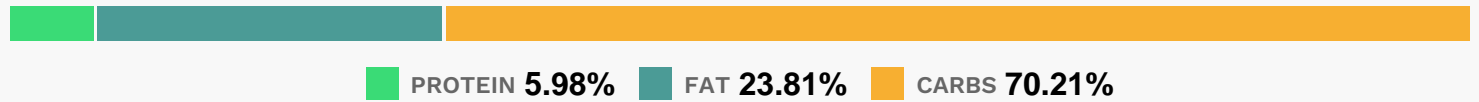
Watch how to make this recipe.

In a pint glass, mix together the peanut butter and chocolate syrup. Stir in the Kahlua until well blended. Stir in the vodka and rum and then add the almond milk. Fill a martini shaker with ice and add mixture. Shake vigorously until very well chilled.

Drizzle the insides of a martini glass with chocolate syrup. Strain cocktail into the martini glass. Put 3-4 mini-marshmallows onto a skewer and toast with a butane torch.

Place over glass.

# Nutrition Facts



# Properties

Glycemic Index:104.5, Glycemic Load:15.13, Inflammation Score:-3, Nutrition Score:5.4826087724903%

# Nutrients (% of daily need)

Calories: 417.81kcal (20.89%), Fat: 9.06g (13.94%), Saturated Fat: 1.85g (11.56%), Carbohydrates: 60.09g (20.03%), Net Carbohydrates: 58.2g (21.16%), Sugar: 44.99g (49.98%), Cholesterol: 0mg (0%), Sodium: 161.79mg (7.03%), Alcohol: 12.54g (100%), Alcohol %: 7.5% (100%), Protein: 5.11g (10.23%), Manganese: 0.39mg (19.42%), Copper: 0.31mg (15.47%), Magnesium: 53.55mg (13.39%), Vitamin B3: 2.28mg (11.39%), Phosphorus: 108.23mg (10.82%), Vitamin E: 1.47mg (9.77%), Fiber: 1.9g (7.59%), Iron: 1.18mg (6.53%), Potassium: 179.53mg (5.13%), Calcium: 49.9mg (4.99%), Zinc: 0.71mg (4.76%), Vitamin B6: 0.07mg (3.72%), Folate: 14.84µg (3.71%), Vitamin B2: 0.05mg (3.05%), Selenium: 1.71µg (2.45%), Vitamin B1: 0.03mg (1.83%), Vitamin B5: 0.18mg (1.76%)