



## S'mores Muddy Buddies® Brownies

READY IN



70 min.

SERVINGS



16

CALORIES



280 kcal

DESSERT

### Ingredients

- ☐ 1 box brownie mix
- ☐ 1 serving vegetable oil for on brownie mix box
- ☐ 2 cups marshmallows miniature
- ☐ 1.5 cups brownie mix chex mix® muddy buddies® (from 10.5-oz bag)
- ☐ 1.6 oz chocolate

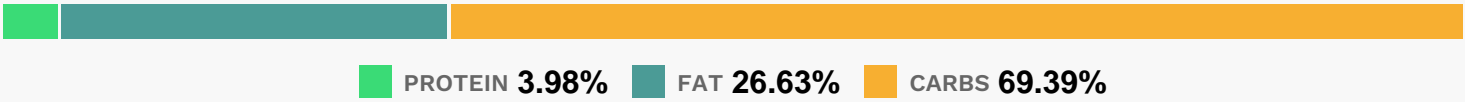
### Equipment

- ☐ frying pan
- ☐ oven

# Directions

- ☐ Heat oven to 350°F (325°F for dark or nonstick pan). Make brownies as directed on box for 9-inch square pan. After removing pan from oven, set oven control to broil.
- ☐ Immediately sprinkle marshmallows and snack mix over warm brownies. Broil with top 4 to 5 inches from heat 30 to 60 seconds or until marshmallows are golden brown. (Watch carefully; marshmallows and snack mix will brown quickly.)
- ☐ Sprinkle with candy. Cool about 30 minutes.
- ☐ Cut into 4 rows by 4 rows. Store loosely covered.

# Nutrition Facts



# Properties

Glycemic Index:6.44, Glycemic Load:3.71, Inflammation Score:1, Nutrition Score:0.71260867705164%

# Nutrients (% of daily need)

Calories: 279.92kcal (14%), Fat: 8.37g (12.87%), Saturated Fat: 2.1g (13.11%), Carbohydrates: 49.07g (16.36%), Net Carbohydrates: 48.91g (17.78%), Sugar: 31.83g (35.36%), Cholesterol: 0mg (0%), Sodium: 163.28mg (7.1%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.81g (5.63%), Iron: 1.61mg (8.94%), Vitamin K: 1.78µg (1.7%), Copper: 0.02mg (1.09%)