



Snickerdoodle Ice Cream

 Vegetarian  Gluten Free

READY IN



45 min.

SERVINGS



4

CALORIES



734 kcal

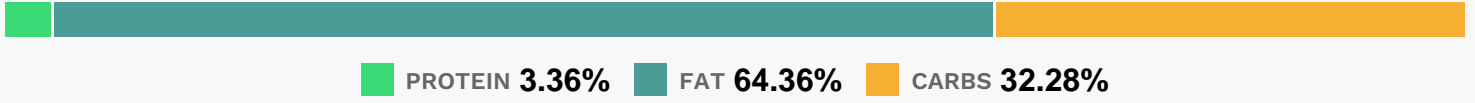
DESSERT

Ingredients

- 0.5 teaspoon ground cinnamon
- 0.1 teaspoon nutmeg
- 1.5 cups half and half
- 2 cups cup heavy whipping cream
- 0.3 cup brown sugar light packed
- 0.3 cup brown sugar light packed
- 2 teaspoons vanilla extract
- 0.3 cup tsp vanilla sugar plain (can substitute sugar)

Equipment

Nutrition Facts



Properties

Glycemic Index:36.27, Glycemic Load:11.65, Inflammation Score:-8, Nutrition Score:8.304347826087%

Taste

Sweetness: 100%, Saltiness: 0.16%, Sourness: 0%, Bitterness: 0%, Savoriness: 0%, Fattiness: 89.58%, Spiciness: 0%

Nutrients (% of daily need)

Calories: 733.69kcal (36.68%), Fat: 53.48g (82.27%), Saturated Fat: 33.77g (211.04%), Carbohydrates: 60.34g (20.11%), Net Carbohydrates: 60.19g (21.89%), Sugar: 59.7g (66.33%), Cholesterol: 166.23mg (55.41%), Sodium: 98.14mg (4.27%), Alcohol: 0.69g (3.82%), Protein: 6.28g (12.56%), Vitamin A: 2071.36IU (41.43%), Vitamin B2: 0.41mg (23.82%), Calcium: 209.08mg (20.91%), Phosphorus: 157.11mg (15.71%), Vitamin D: 1.9µg (12.69%), Selenium: 7.02µg (10.03%), Vitamin E: 1.33mg (8.85%), Potassium: 286.2mg (8.18%), Vitamin B5: 0.62mg (6.16%), Vitamin B12: 0.36µg (6.05%), Magnesium: 21.21mg (5.3%), Vitamin B6: 0.1mg (5.15%), Vitamin K: 5.07µg (4.82%), Zinc: 0.66mg (4.4%), Manganese: 0.08mg (3.82%), Vitamin B1: 0.05mg (3.43%), Iron: 0.46mg (2.55%), Copper: 0.04mg (2.13%), Folate: 7.91µg (1.98%), Vitamin C: 1.54mg (1.87%), Vitamin B3: 0.23mg (1.14%)