

Snickerdoodles

airy Free







DESSERT

Ingredients

1 teaspoon baking soda
0.5 cup butter softened
2 teaspoons cream of tartar
2 eggs
2 teaspoons ground cinnamon
0.3 teaspoon salt
0.5 cup shortening

0.3 cup sugar

	1.5 cups sugar		
	2.8 cups unbleached flour all-purpose		
Eq	uipment		
	bowl		
	baking sheet		
	oven		
	wire rack		
Dii	rections		
	Heat oven to 400F.		
	Mix 11/2 cups sugar, the butter, shortening and eggs in large bowl. Stir in flour, cream of tartar,		
	baking soda and salt.		
	Shape dough into 11/4-inch balls.		
	Mix 1/4 cup sugar and the cinnamon.		
	Roll balls in cinnamon-sugar mixture.		
	Place 2 inches apart on ungreased cookie sheet.		
	Bake 8 to 10 minutes or until set.		
	Remove from cookie sheet to wire rack.		
	Nutrition Facts		
	PROTEIN 4.73% FAT 41.62% CARBS 53.65%		
Pro	Properties		

Glycemic Index:4.42, Glycemic Load:8.46, Inflammation Score:-1, Nutrition Score:1.009999986333%

Nutrients (% of daily need)

Calories: 92.95kcal (4.65%), Fat: 4.36g (6.7%), Saturated Fat: 1g (6.27%), Carbohydrates: 12.64g (4.21%), Net Carbohydrates: 12.42g (4.52%), Sugar: 7.31g (8.12%), Cholesterol: 6.82mg (2.27%), Sodium: 60.19mg (2.62%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 1.11g (2.23%), Selenium: 3.45μg (4.93%), Manganese: 0.07mg (3.62%), Vitamin A: 94.87IU (1.9%), Vitamin E: 0.25mg (1.69%), Vitamin K: 1.19µg (1.13%), Phosphorus: 11.18mg (1.12%)