



## Snickerdoodles from Crisco® Baking Sticks

 Vegetarian

READY IN



23 min.

SERVINGS



36

CALORIES



133 kcal

DESSERT

### Ingredients

- ☐ 2.8 cups pillsbury best® all purpose flour
- ☐ 1 teaspoon baking soda
- ☐ 1 cup butter flavor all-vegetable shortening sticks crisco®
- ☐ 2 teaspoons cream of tartar
- ☐ 2 large eggs
- ☐ 2 teaspoons ground cinnamon
- ☐ 2 tablespoons milk
- ☐ 0.8 teaspoon salt

- ☐ 2 cups sugar divided
- ☐ 1 teaspoon vanilla extract

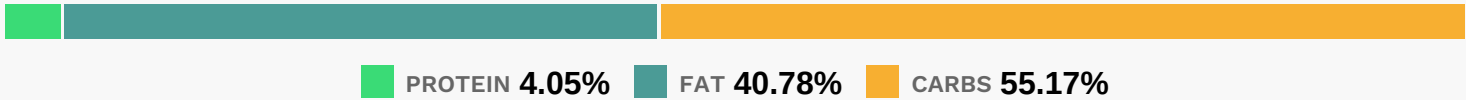
## Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ hand mixer

## Directions

- ☐ Heat oven to 400 degrees F.
- ☐ Combine 1 1/2 cups sugar, shortening, eggs, milk and vanilla in bowl of electric mixer. Beat at medium speed until well blended.
- ☐ Combine flour, cream of tartar, baking soda and salt in medium bowl.
- ☐ Add gradually to shortening mixture at low speed.
- ☐ Mix just until blended.
- ☐ Combine remaining 1/2 cup sugar and cinnamon in small bowl. Shape dough into 1-inch balls.
- ☐ Roll in sugar-cinnamon mixture.
- ☐ Place 2 inches apart on ungreased baking sheets.
- ☐ Bake 7 to 8 minutes. Cool 2 minutes on baking sheets.
- ☐ Place on cooling racks to cool completely.

## Nutrition Facts



## Properties

Glycemic Index:5.22, Glycemic Load:13.04, Inflammation Score:-1, Nutrition Score:1.962173871777%

## Nutrients (% of daily need)

Calories: 133.37kcal (6.67%), Fat: 6.12g (9.41%), Saturated Fat: 1.54g (9.63%), Carbohydrates: 18.62g (6.21%), Net Carbohydrates: 18.3g (6.65%), Sugar: 11.18g (12.42%), Cholesterol: 10.43mg (3.48%), Sodium: 83.75mg (3.64%), Alcohol: 0.04g (100%), Alcohol %: 0.16% (100%), Protein: 1.37g (2.74%), Selenium: 4.18µg (5.97%), Vitamin B1: 0.08mg (5.18%), Folate: 18.79µg (4.7%), Manganese: 0.09mg (4.33%), Vitamin B2: 0.06mg (3.72%), Vitamin K: 3.1µg (2.96%), Iron: 0.52mg (2.87%), Vitamin B3: 0.57mg (2.84%), Vitamin E: 0.39mg (2.58%), Phosphorus: 16.74mg (1.67%), Vitamin B5: 0.13mg (1.27%), Fiber: 0.32g (1.27%), Potassium: 43.68mg (1.25%)