



Snow Balls in a Jar



Vegetarian



Vegan



Dairy Free

READY IN



45 min.

SERVINGS



48

CALORIES



40 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.5 cup confectioners' sugar
- ☐ 2 cups flour all-purpose
- ☐ 1 cup pecans chopped

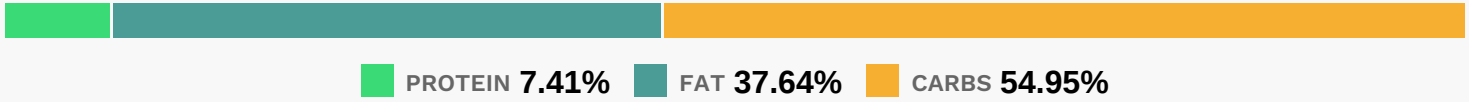
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ canning jar

Directions

- ☐ In a medium bowl, combine the confectioners' sugar and flour.
- ☐ Place into a 1 quart canning jar.
- ☐ Snow Balls, Makes 4 dozen. Preheat the oven to 325 degrees F (165 degrees C). Grease cookie sheets. In a medium bowl, cream together 3/4 cup of shortening and 1/4 cup of margarine. Stir in 2 teaspoons of vanilla.
- ☐ Add the entire contents of the jar, and mix well.
- ☐ Roll dough into 1 inch balls and place them on the prepared cookie sheet.
- ☐ Bake for 20 to 25 minutes, until lightly browned. Cool, and roll in confectioners' sugar.

Nutrition Facts



Properties

Glycemic Index:1.77, Glycemic Load:2.89, Inflammation Score:-1, Nutrition Score:1.2565217379319%

Flavonoids

Cyanidin: 0.24mg, Cyanidin: 0.24mg, Cyanidin: 0.24mg, Cyanidin: 0.24mg Delphinidin: 0.17mg, Delphinidin: 0.17mg, Delphinidin: 0.17mg, Delphinidin: 0.17mg Catechin: 0.16mg, Catechin: 0.16mg, Catechin: 0.16mg, Catechin: 0.16mg Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg Epigallocatechin 3-gallate: 0.05mg, Epigallocatechin 3-gallate: 0.05mg, Epigallocatechin 3-gallate: 0.05mg, Epigallocatechin 3-gallate: 0.05mg

Nutrients (% of daily need)

Calories: 39.51kcal (1.98%), Fat: 1.69g (2.59%), Saturated Fat: 0.15g (0.93%), Carbohydrates: 5.54g (1.85%), Net Carbohydrates: 5.18g (1.88%), Sugar: 1.33g (1.47%), Cholesterol: 0mg (0%), Sodium: 0.13mg (0.01%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.75g (1.49%), Manganese: 0.14mg (6.89%), Vitamin B1: 0.06mg (3.72%), Selenium: 1.86µg (2.66%), Folate: 10.03µg (2.51%), Copper: 0.03mg (1.74%), Vitamin B2: 0.03mg (1.7%), Iron: 0.3mg (1.67%), Vitamin B3: 0.33mg (1.67%), Fiber: 0.36g (1.43%), Phosphorus: 11.92mg (1.19%)