



Snow-Covered Almond Crescents

 Vegetarian

READY IN



72 min.

SERVINGS



12

CALORIES



401 kcal

SIDE DISH

Ingredients

- 0.5 tsp almond extract
- 0.5 tsp baking soda
- 0.8 cup butter softened (1-)
- 8 oz philadelphia cream cheese softened
- 2.3 cups flour
- 1 cup granulated sugar
- 0.8 cup powdered sugar
- 1 cup planters slivered almonds finely chopped

2 tsp vanilla

Equipment

bowl

baking sheet

oven

blender

Directions

Beat first 5 ingredients in large bowl with mixer until well blended.

Add flour and baking soda; mix well. Stir in nuts. Refrigerate 30 min.

Heat oven to 350F.

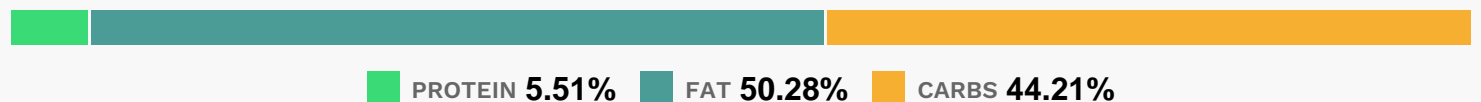
Roll dough into 60 (1-inch) balls; shape each into crescent shape.

Place, 2 inches apart, on baking sheets. Flatten slightly.

Bake 10 to 12 min. or until lightly browned. Cool 3 min. on baking sheets; transfer to wire racks.

Sprinkle with powdered sugar; cool completely.

Nutrition Facts



Properties

Glycemic Index:19.34, Glycemic Load:24.94, Inflammation Score:-5, Nutrition Score:7.507826089859%

Flavonoids

Cyanidin: 0.22mg, Cyanidin: 0.22mg, Cyanidin: 0.22mg, Cyanidin: 0.22mg Catechin: 0.12mg, Catechin: 0.12mg, Catechin: 0.12mg, Catechin: 0.12mg Epigallocatechin: 0.23mg, Epigallocatechin: 0.23mg, Epigallocatechin: 0.23mg, Epigallocatechin: 0.23mg Epicatechin: 0.05mg, Epicatechin: 0.05mg, Epicatechin: 0.05mg, Epicatechin: 0.05mg Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg Isorhamnetin: 0.24mg, Isorhamnetin: 0.24mg, Isorhamnetin: 0.24mg, Isorhamnetin: 0.24mg Kaempferol: 0.04mg, Kaempferol: 0.04mg, Kaempferol: 0.04mg, Kaempferol: 0.04mg Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg

Nutrients (% of daily need)

Calories: 401.16kcal (20.06%), Fat: 22.78g (35.05%), Saturated Fat: 11.49g (71.8%), Carbohydrates: 45.08g (15.03%), Net Carbohydrates: 43.32g (15.75%), Sugar: 25.25g (28.06%), Cholesterol: 49.59mg (16.53%), Sodium: 203.96mg (8.87%), Alcohol: 0.3g (100%), Alcohol %: 0.42% (100%), Protein: 5.61g (11.23%), Vitamin E: 2.81mg (18.73%), Manganese: 0.37mg (18.53%), Vitamin B2: 0.27mg (16.01%), Selenium: 10.23µg (14.61%), Vitamin B1: 0.21mg (13.84%), Folate: 48.98µg (12.24%), Vitamin A: 608.46IU (12.17%), Phosphorus: 92.28mg (9.23%), Vitamin B3: 1.74mg (8.68%), Iron: 1.46mg (8.11%), Magnesium: 31.55mg (7.89%), Fiber: 1.76g (7.03%), Copper: 0.13mg (6.61%), Calcium: 49.8mg (4.98%), Zinc: 0.56mg (3.7%), Potassium: 121.18mg (3.46%), Vitamin B5: 0.27mg (2.69%), Vitamin B6: 0.03mg (1.69%), Vitamin K: 1.46µg (1.39%), Vitamin B12: 0.07µg (1.09%)