

# **Snow People**

airy Free







SIDE DISH

## **Ingredients**

O.5 package candy coating disks (16-ounce size) (almond bark
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24 large marshmallows

12 large pretzel rods

24 large gumdrops

24 semisweet chocolate chips miniature

3 portugese rolls (from 5-ounce package)

### **Equipment**

baking sheet

Directions	
	Cover cookie sheet with foil or waxed paper. Melt candy coating as directed on package.
	Thread 2 marshmallows on each pretzel rod so marshmallows are at one end of pretzel. For hat brim, press gumdrop to flatten and attach to top of pretzel, using melted coating; press and hold brim about 5 seconds. For top of hat, attach another gumdrop, flat side down, on center of brim, using melted coating; press and hold about 5 seconds.
	Place pretzel in empty beverage glass to hold upright; let stand about 20 minutes or until set. For eyes, attach chocolate chips to marshmallow, using melted coating. Repeat with remaining gumdrops, pretzels, marshmallows and chocolate chips.
	Cut fruit snack rolls into strips, about 6 inches long and 1/4 inch wide; place on snow people for scarves.
Nutrition Facts	
	PROTEIN 2.24% FAT 22.49% CARBS 75.27%

#### **Properties**

aluminum foil

Glycemic Index:24.54, Glycemic Load:31.14, Inflammation Score:1, Nutrition Score:1.2630435097963%

#### Nutrients (% of daily need)

Calories: 330.02kcal (16.5%), Fat: 8.12g (12.5%), Saturated Fat: 7.2g (45.01%), Carbohydrates: 61.18g (20.39%), Net Carbohydrates: 60.69g (22.07%), Sugar: 40.47g (44.96%), Cholesterol: 0.12mg (0.04%), Sodium: 113.99mg (4.96%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.82g (3.65%), Iron: 2.96mg (16.44%), Copper: 0.04mg (2.14%), Fiber: 0.5g (1.99%), Manganese: 0.04mg (1.96%), Magnesium: 4.32mg (1.08%)