



Snowflake Cookies

 Dairy Free

READY IN



180 min.

SERVINGS



30

CALORIES



160 kcal

DESSERT

Ingredients

- 0.5 teaspoon almond extract
- 1 teaspoon double-acting baking powder
- 0.8 cup butter softened
- 4 teaspoons plus light
- 30 servings powdered sugar white (decorating sugar)
- 2 eggs
- 2.5 cups flour all-purpose gold medal®
- 1 cup granulated sugar

- 1 cup powdered sugar
- 0.1 teaspoon salt
- 1 teaspoon vanilla
- 3 teaspoons water

Equipment

- bowl
- baking sheet
- oven
- wire rack
- cookie cutter

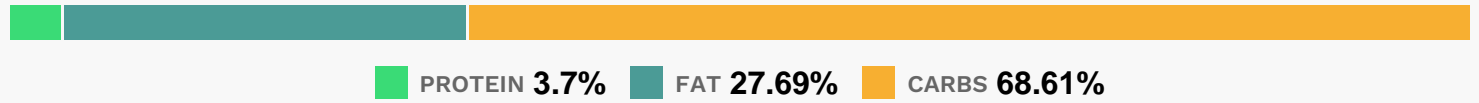
Directions

- In large bowl, mix granulated sugar, butter, vanilla and eggs until well blended. Stir in flour, baking powder and salt. Cover and refrigerate at least 1 hour but no longer than 24 hours.
- Heat oven to 400°F. On lightly floured surface, roll about one-third of dough 1/8 inch thick.
- Cut with 1 1/2 to 2-inch star-shaped cookie cutter.
- Place 1 inch apart on ungreased cookie sheet.
- Bake about 6 minutes or until light brown.
- Remove from cookie sheet to cooling rack. Cool completely, about 30 minutes. Repeat with remaining dough.
- In medium bowl, mix all glaze ingredients except coarse sugar crystals until smooth, glossy and pourable.
- Place cooled cookies together in pairs with about 1 teaspoon glaze, with points of top cookie between points of bottom cookie.
- Place cookies on cooling rack on cookie sheet to catch excess glaze.
- Pour 1 tablespoon glaze evenly over top and sides of each cookie, glazing only a few at time. When glaze is set but still soft, move cookies to another rack or waxed paper; sprinkle with sugar crystals. (Occasionally remove glaze from cookie sheet, and add a few drops of hot water as necessary to make glaze smooth and thin enough to pour; continue glazing.)

In small bowl, mix frosting ingredients to make a frosting that can be easily drizzled or used in a decorating bag, yet holds its shape. Pipe snowflake designs on cookies.

Let cookies dry completely before storing.

Nutrition Facts



Properties

Glycemic Index:8.54, Glycemic Load:10.63, Inflammation Score:-2, Nutrition Score:2.0447825913358%

Nutrients (% of daily need)

Calories: 159.68kcal (7.98%), Fat: 4.97g (7.65%), Saturated Fat: 1.06g (6.6%), Carbohydrates: 27.72g (9.24%), Net Carbohydrates: 27.44g (9.98%), Sugar: 19.48g (21.64%), Cholesterol: 10.91mg (3.64%), Sodium: 82.89mg (3.6%), Alcohol: 0.07g (100%), Alcohol %: 0.22% (100%), Protein: 1.5g (2.99%), Selenium: 4.55µg (6.5%), Vitamin B1: 0.08mg (5.62%), Folate: 20.5µg (5.12%), Vitamin A: 218.83IU (4.38%), Vitamin B2: 0.07mg (4.16%), Manganese: 0.07mg (3.66%), Iron: 0.56mg (3.11%), Vitamin B3: 0.62mg (3.1%), Phosphorus: 21.3mg (2.13%), Vitamin E: 0.21mg (1.42%), Calcium: 13.15mg (1.31%), Fiber: 0.28g (1.13%)