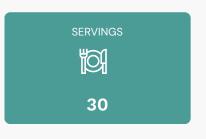


## **Snowflake Cookies**

airy Free







DESSERT

## Ingredients

0.5 teaspoon almond extract
1 teaspoon double-acting baking powder
0.8 cup butter softened
4 teaspoons plus light
30 servings powdered sugar white (decorating sugar)
2 eggs
2.5 cups flour all-purpose
1 cup granulated sugar

	1 cup powdered sugar	
	3 cups powdered sugar	
	0.1 teaspoon salt	
	1 teaspoon salt	
	1 teaspoon vanilla	
	0.3 cup water hot	
	3 teaspoons water	
Equipment		
	bowl	
	baking sheet	
	oven	
	wire rack	
	cookie cutter	
Directions		
	In large bowl, mix granulated sugar, butter, vanilla and eggs until well blended. Stir in flour, baking powder and salt. Cover and refrigerate at least 1 hour but no longer than 24 hours.	
	Heat oven to 400F. On lightly floured surface, roll about one-third of dough 1/8 inch thick.	
	Cut with 11/2 to 2-inch star-shaped cookie cutter.	
	Place 1 inch apart on ungreased cookie sheet.	
	Bake about 6 minutes or until light brown.	
	Remove from cookie sheet to cooling rack. Cool completely, about 30 minutes. Repeat with remaining dough.	
	In medium bowl, mix all glaze ingredients except coarse sugar crystals until smooth, glossy and pourable.	
	Place cooled cookies together in pairs with about 1 teaspoon glaze, with points of top cookie	
	between points of bottom cookie.	

	Pour 1 tablespoon glaze evenly over top and sides of each cookie, glazing only a few at time.	
	When glaze is set but still soft, move cookies to another rack or waxed paper; sprinkle with	
	sugar crystals. (Occasionally remove glaze from cookie sheet, and add a few drops of hot	
	water as necessary to make glaze smooth and thin enough to pour; continue glazing.)	
	In small bowl, mix frosting ingredients to make a frosting that can be easily drizzled or used in a decorating bag, yet holds its shape. Pipe snowflake designs on cookies.	
	Let cookies dry completely before storing.	
Nutrition Facts		
	PROTEIN 2.86% FAT 21.36% CARBS 75.78%	

## **Properties**

Glycemic Index:8.54, Glycemic Load:10.63, Inflammation Score:-2, Nutrition Score:2.0639130467468%

## Nutrients (% of daily need)

Calories: 206.36kcal (10.32%), Fat: 4.97g (7.65%), Saturated Fat: 1.06g (6.6%), Carbohydrates: 39.7g (13.23%), Net Carbohydrates: 39.42g (14.33%), Sugar: 31.21g (34.68%), Cholesterol: 10.91mg (3.64%), Sodium: 160.74mg (6.99%), Alcohol: 0.07g (100%), Alcohol %: 0.16% (100%), Protein: 1.5g (2.99%), Selenium: 4.63µg (6.61%), Vitamin B1: 0.08mg (5.62%), Folate: 20.5µg (5.12%), Vitamin A: 218.83IU (4.38%), Vitamin B2: 0.07mg (4.29%), Manganese: 0.07mg (3.69%), Iron: 0.57mg (3.16%), Vitamin B3: 0.62mg (3.1%), Phosphorus: 21.3mg (2.13%), Vitamin E: 0.21mg (1.42%), Calcium: 13.37mg (1.34%), Fiber: 0.28g (1.13%)