

## Snowflake Mittens

 Popular

READY IN



105 min.

SERVINGS



21

CALORIES



327 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

## Ingredients

- ☐ 0.3 cup butter softened
- ☐ 1 lb creamy peanut butter white
- ☐ 1 eggs
- ☐ 1 tablespoon flour all-purpose
- ☐ 21 servings purple gel food coloring assorted
- ☐ 1 tablespoon lemon zest grated
- ☐ 21 servings m&m candies assorted
- ☐ 1 pouch sugar cookie mix (1 lb 1.5 oz)

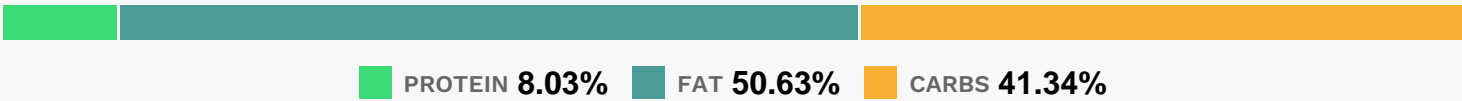
## Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ wire rack
- ☐ plastic wrap
- ☐ cookie cutter

## Directions

- ☐ Heat oven to 375F. In large bowl, stir cookie mix, flour, butter, egg and lemon peel until dough forms; gather into ball. Divide dough in half; shape into 2 disks. Wrap 1 disk in plastic wrap.
- ☐ On floured surface, roll unwrapped disk 1/4 inch thick.
- ☐ Cut with 3 1/2-inch mitten-shaped cookie cutter. On ungreased large cookie sheet, place cutouts 1 inch apart. Repeat with second disk. Reroll scraps and cut out additional cookies.
- ☐ Bake 8 to 10 minutes or until edges are light golden brown. Cool 1 minute before removing from cookie sheet to cooling rack; cool completely.
- ☐ Color frosting with assorted liquid food colors, as desired. Frost cookies with frosting and decorate with candy sprinkles, as desired or using the photo as a guide.

## Nutrition Facts



## Properties

Glycemic Index:6.62, Glycemic Load:0.73, Inflammation Score:-3, Nutrition Score:4.9621739102447%

## Nutrients (% of daily need)

Calories: 327.31kcal (16.37%), Fat: 18.94g (29.14%), Saturated Fat: 6.27g (39.19%), Carbohydrates: 34.8g (11.6%), Net Carbohydrates: 33.32g (12.12%), Sugar: 22.63g (25.15%), Cholesterol: 17.79mg (5.93%), Sodium: 196.51mg (8.54%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 6.76g (13.51%), Manganese: 0.32mg (15.98%), Vitamin B3: 2.99mg (14.96%), Vitamin E: 2.07mg (13.83%), Magnesium: 36.95mg (9.24%), Phosphorus: 78.66mg (7.87%), Folate: 24.14µg (6.03%), Fiber: 1.48g (5.93%), Vitamin B6: 0.1mg (5.01%), Copper: 0.09mg (4.65%), Iron: 0.7mg (3.89%),

Zinc: 0.58mg (3.88%), Vitamin B2: 0.06mg (3.65%), Potassium: 126.42mg (3.61%), Vitamin B1: 0.05mg (3.2%), Calcium: 30.46mg (3.05%), Vitamin A: 135.1IU (2.7%), Vitamin B5: 0.27mg (2.68%), Selenium: 1.69µg (2.41%)