



Snowman Coconut Cake

READY IN



140 min.

SERVINGS



16

CALORIES



319 kcal

DESSERT

Ingredients

- ☐ 1 box cake mix white
- ☐ 2 candy canes
- ☐ 2 flat-bottom ice-cream cone
- ☐ 1 serving candy coating disks melted (almond bark)
- ☐ 16 oz vanilla frosting
- ☐ 7 oz coconut or ()
- ☐ 5 large gumdrops black
- ☐ 1 large gumdrops
- ☐ 7 small gumdrops black

- ☐ 1 snack peppers red (any flavor)
- ☐ 2 crème-filled chocolate sandwich cookies
- ☐ 1 serving licorice rounds black
- ☐ 2 pretzel rods

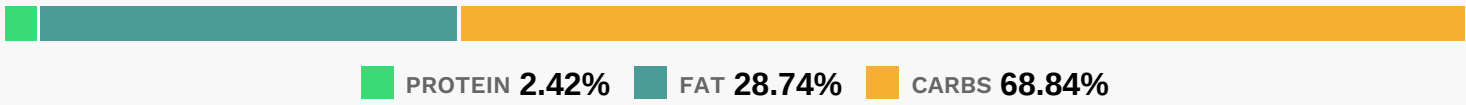
Equipment

- ☐ oven
- ☐ aluminum foil

Directions

- ☐ Heat oven to 350°F (325°F for dark or nonstick pans). Make, bake and cool cake mix as directed on box for two 8- or 9-inch round pans.
- ☐ Cover 18x10-inch tray or cardboard with foil. To make ice skates, attach candy cane to each cone using melted candy coating; let stand until set. Arrange cake rounds with sides touching on tray. Frost with frosting.
- ☐ Sprinkle with coconut, pressing gently so it stays on frosting.
- ☐ Use large black gumdrops for eyes and buttons, large orange gumdrop for nose, small black gumdrops for mouth and fruit snack roll for scarf.
- ☐ Place cookie on each side of head for earmuffs; attach with shoestring licorice. Arrange pretzel rods for arms and cones for ice skates. Store loosely covered.

Nutrition Facts



Properties

Glycemic Index:29.88, Glycemic Load:13.67, Inflammation Score:-1, Nutrition Score:4.8521739659102%

Flavonoids

Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg

Nutrients (% of daily need)

Calories: 318.86kcal (15.94%), Fat: 10.3g (15.85%), Saturated Fat: 5.27g (32.92%), Carbohydrates: 55.52g (18.51%), Net Carbohydrates: 53.94g (19.61%), Sugar: 36.73g (40.81%), Cholesterol: 0mg (0%), Sodium: 292.57mg (12.72%),

Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 1.95g (3.9%), Manganese: 0.28mg (13.77%), Phosphorus: 131.37mg (13.14%), Vitamin B2: 0.17mg (9.97%), Folate: 31.81µg (7.95%), Calcium: 74.54mg (7.45%), Iron: 1.25mg (6.94%), Fiber: 1.58g (6.33%), Vitamin B1: 0.09mg (6.15%), Selenium: 4.25µg (6.07%), Vitamin E: 0.81mg (5.41%), Vitamin B3: 1.03mg (5.13%), Vitamin K: 5.1µg (4.86%), Copper: 0.09mg (4.48%), Vitamin C: 2.65mg (3.21%), Potassium: 83.41mg (2.38%), Magnesium: 9.2mg (2.3%), Zinc: 0.33mg (2.21%), Vitamin B5: 0.16mg (1.64%), Vitamin B6: 0.02mg (1.11%), Vitamin A: 54.82IU (1.1%)