



Snowman Coconut Cake

 Popular

READY IN



140 min.

SERVINGS



16

CALORIES



345 kcal

DESSERT

Ingredients

- ☐ 2 candy canes
- ☐ 16 servings candy coating disks melted (almond bark)
- ☐ 2 crème-filled chocolate sandwich cookies
- ☐ 7 oz coconut or ()
- ☐ 1 fruit red (any flavor)
- ☐ 5 large gumdrops black
- ☐ 7 small gumdrops black
- ☐ 2 ice cream cake cones

- ☐ 16 servings twist and ends together to make a rough knob. cover black
- ☐ 1 large cranberry-orange relish
- ☐ 2 pretzel rods
- ☐ 1 container vanilla frosting
- ☐ 1 box cake mix white

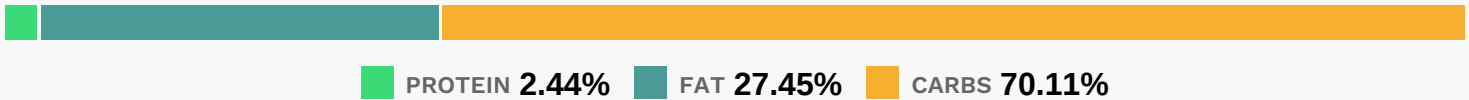
Equipment

- ☐ oven
- ☐ aluminum foil

Directions

- ☐ Heat oven to 350F (325F for dark or nonstick pans). Make, bake and cool cake mix as directed on box for two 8- or 9-inch round pans.
- ☐ Cover 18x10-inch tray or cardboard with foil. To make ice skates, attach candy cane to each cone using melted candy coating; let stand until set. Arrange cake rounds with sides touching on tray. Frost with frosting.
- ☐ Sprinkle with coconut, pressing gently so it stays on frosting.
- ☐ Use large black gumdrops for eyes and buttons, large orange gumdrop for nose, small black gumdrops for mouth and fruit snack roll for scarf.
- ☐ Place cookie on each side of head for earmuffs; attach with shoestring licorice. Arrange pretzel rods for arms and cones for ice skates. Store loosely covered.

Nutrition Facts



Properties

Glycemic Index:20.91, Glycemic Load:12.92, Inflammation Score:-2, Nutrition Score:5.6126086867374%

Flavonoids

Hesperetin: 3.13mg, Hesperetin: 3.13mg, Hesperetin: 3.13mg, Hesperetin: 3.13mg Naringenin: 1.76mg, Naringenin: 1.76mg, Naringenin: 1.76mg, Naringenin: 1.76mg Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Myricetin: 0.02mg,

Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg

Nutrients (% of daily need)

Calories: 344.88kcal (17.24%), Fat: 10.68g (16.43%), Saturated Fat: 5.55g (34.71%), Carbohydrates: 61.35g (20.45%), Net Carbohydrates: 59.08g (21.48%), Sugar: 41.55g (46.17%), Cholesterol: 0mg (0%), Sodium: 292.59mg (12.72%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.14g (4.28%), Manganese: 0.28mg (13.87%), Phosphorus: 135.18mg (13.52%), Vitamin B2: 0.18mg (10.44%), Fiber: 2.27g (9.06%), Vitamin C: 7.15mg (8.67%), Folate: 34.17µg (8.54%), Calcium: 80mg (8%), Iron: 1.3mg (7.23%), Vitamin B1: 0.1mg (6.64%), Selenium: 4.27µg (6.09%), Vitamin K: 6.37µg (6.06%), Copper: 0.11mg (5.66%), Vitamin B3: 1.11mg (5.56%), Vitamin E: 0.81mg (5.43%), Potassium: 124.45mg (3.56%), Magnesium: 11.29mg (2.82%), Zinc: 0.35mg (2.36%), Vitamin A: 110.84IU (2.22%), Vitamin B5: 0.2mg (1.96%), Vitamin B6: 0.03mg (1.4%)