



Snowman "Star" Cutouts

 Dairy Free

READY IN



90 min.

SERVINGS



24

CALORIES



311 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 0.3 cup butter softened
- 1 eggs
- 2 tablespoons flour all-purpose
- 12 oz fluffy frosting white
- 4.3 oz chocolate icing black
- 24 servings m&m candies assorted
- 24 servings sugar white
- 1 pouch sugar cookie mix (1 lb 1.5 oz)

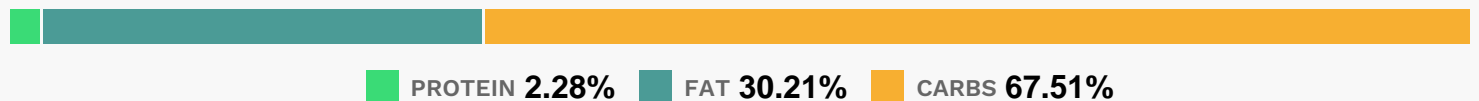
Equipment

- bowl
- baking sheet
- oven
- cookie cutter

Directions

- Heat oven to 375F. In medium bowl, stir cookie mix, flour, butter and egg until soft dough forms.
- On lightly floured surface, roll dough to about 1/8-inch thickness. With star-shaped cookie cutter, cut out stars; place 1 inch apart on ungreased cookie sheets.
- Bake 7 to 9 minutes or until edges are light golden brown. Cool 1 minute; remove from cookie sheets to cooling racks. Cool completely, about 15 minutes.
- Frost and decorate 1 cookie at a time. Pipe black icing on tip of star for hat. Frost remaining star with white frosting.
- Sprinkle with coarse sugar. Attach candies for buttons and face.

Nutrition Facts



Properties

Glycemic Index:9.63, Glycemic Load:14.33, Inflammation Score:-1, Nutrition Score:1.1778260939147%

Nutrients (% of daily need)

Calories: 310.5kcal (15.52%), Fat: 10.49g (16.13%), Saturated Fat: 3.32g (20.78%), Carbohydrates: 52.73g (17.58%), Net Carbohydrates: 52.31g (19.02%), Sugar: 43.07g (47.85%), Cholesterol: 9.07mg (3.02%), Sodium: 137.03mg (5.96%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.78g (3.56%), Vitamin B2: 0.08mg (4.7%), Vitamin A: 156.27IU (3.13%), Vitamin E: 0.41mg (2.74%), Vitamin K: 2.5µg (2.38%), Calcium: 20.16mg (2.02%), Iron: 0.36mg (1.98%), Folate: 6.88µg (1.72%), Fiber: 0.42g (1.69%), Vitamin B1: 0.02mg (1.35%), Selenium: 0.87µg (1.24%)