



Snowy Heart Cutouts

 Dairy Free

READY IN



90 min.

SERVINGS



24

CALORIES



161 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 17.5 oz sugar cookie mix
- ☐ 1 serving basic cookie mix for on cookie mix pouch for cutout cookies
- ☐ 16 oz fluffy frosting white (12 oz)
- ☐ 1 serving evaporated cane juice white

Equipment

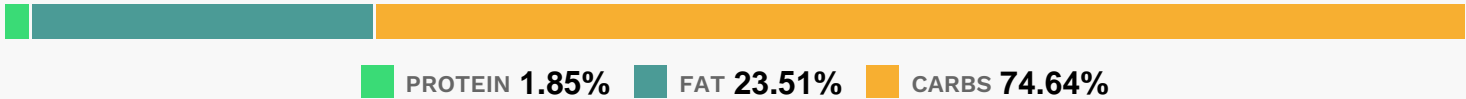
- ☐ bowl
- ☐ baking sheet
- ☐ oven

☐ cookie cutter

Directions

- ☐ Heat oven to 375°F. In medium bowl, stir cookie mix, flour, butter and egg until soft dough forms.
- ☐ On floured surface, roll dough to about 1/4-inch thickness.
- ☐ Cut with 2 1/2- to 3-inch cookie cutters. On ungreased cookie sheets, place cutouts 1 inch apart.
- ☐ Bake 7 to 9 minutes or until edges are light golden brown. Cool 1 minute; remove from cookie sheets. Cool completely, about 15 minutes.
- ☐ Spread frosting on cooled cookies. Decorate as desired with decorator sugar crystals. Store cookies in tightly covered container.

Nutrition Facts



Properties

Glycemic Index:1.79, Glycemic Load:5.52, Inflammation Score:1, Nutrition Score:0.53217390787018%

Nutrients (% of daily need)

Calories: 160.54kcal (8.03%), Fat: 4.18g (6.43%), Saturated Fat: 0.56g (3.51%), Carbohydrates: 29.88g (9.96%), Net Carbohydrates: 29.88g (10.86%), Sugar: 21.58g (23.98%), Cholesterol: 0mg (0%), Sodium: 93.88mg (4.08%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.74g (1.48%), Vitamin B2: 0.06mg (3.77%), Vitamin K: 2.46µg (2.34%), Vitamin E: 0.29mg (1.93%), Folate: 4.82µg (1.2%)