

## **Soft Batch Style Chocolate Chip Cookies**







DESSERT

## Ingredients

I teaspoon baking soda
2 teaspoons cornstarch
1 large eggs
1.5 cups flour all-purpose
O.3 cup granulated sugar
O.5 teaspoon kosher salt
O.8 cup brown sugar light packed

2 cups semi-sweet chocolate chips

0.5 teaspoon vanilla e	xtract pure	
Equipment		
baking sheet		
baking paper		
oven		
wire rack		
stand mixer		
Directions		
_	degrees F. and line a cookie sheet with a silpat liner or parchment tter and sugars in a stand mixer until light and fluffy, a good 2 minutes.	
Add egg then vanilla b	peating to combine.	
	baking soda, salt then chocolate chips, mixing until combined. With dough onto prepared cookie sheet. Press dough down to flatten slightly	
Bake for 10-12 minutes be browned.	s until baked through. 10 minutes will be softer cookies, 12 minutes will	
Let cool for 10 minute	s on baking sheet before transferring to cooling rack.	
Serve with milk		
Nutrition Facts		
PROTEIN 5.22%  FAT 34.95%  CARBS 59.83%		
Properties		

Glycemic Index:6.05, Glycemic Load:5.77, Inflammation Score:-2, Nutrition Score:3.5586956856043%

## Nutrients (% of daily need)

Calories: 150.88kcal (7.54%), Fat: 5.87g (9.03%), Saturated Fat: 3.29g (20.56%), Carbohydrates: 22.6g (7.53%), Net Carbohydrates: 21.22g (7.72%), Sugar: 14.14g (15.71%), Cholesterol: 8.63mg (2.88%), Sodium: 100.59mg (4.37%), Alcohol: 0.03g (100%), Alcohol %: 0.11% (100%), Caffeine: 12.54mg (4.18%), Protein: 1.97g (3.94%), Manganese: 0.25mg (12.6%), Copper: 0.2mg (9.92%), Iron: 1.37mg (7.62%), Magnesium: 28.27mg (7.07%), Selenium: 4.61µg (6.59%), Fiber: 1.38g (5.52%), Phosphorus: 50.78mg (5.08%), Vitamin B1: 0.07mg (4.46%), Folate: 15.34µg (3.84%),

Vitamin B2: 0.06mg (3.28%), Zinc: 0.47mg (3.14%), Vitamin B3: 0.59mg (2.96%), Potassium: 103.25mg (2.95%), Calcium: 17.15mg (1.71%), Vitamin B5: 0.12mg (1.19%), Vitamin K: 1.08µg (1.03%)