



Soft Sugar Cookies With White Chocolate, Almonds, and Cranberries

READY IN



35 min.

SERVINGS



78

CALORIES



127 kcal

DESSERT

Ingredients

- ☐ 1 teaspoon almond extract
- ☐ 1 tablespoon double-acting baking powder
- ☐ 1 cup butter softened
- ☐ 6 ounce cherry-flavored cranberries dried sweetened craisins® (such as cherry-flavor)
- ☐ 3 eggs
- ☐ 5.3 cups flour all-purpose
- ☐ 1.5 teaspoons salt
- ☐ 1 cup shortening

- ☐ 1 cup slivered almonds chopped
- ☐ 1 tablespoon vanilla extract
- ☐ 1 cup chocolate chips white
- ☐ 2.3 cups sugar white

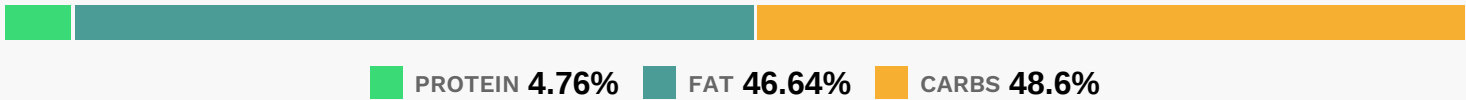
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ whisk
- ☐ wire rack

Directions

- ☐ Preheat oven to 350 degrees F (175 degrees C).
- ☐ Beat sugar, shortening, and butter together in a large bowl with an electric mixture until smooth. Beat eggs, vanilla extract, and almond extract into butter mixture.
- ☐ Whisk flour, baking powder, and salt together in a bowl. Gradually add flour mixture to butter mixture until dough just comes together. Stir almonds, white chocolate chips, and dried cranberries into the dough.
- ☐ Drop rounded tablespoons of dough about 2 inches apart on baking sheets.
- ☐ Bake cookies until bottom edges are light golden brown, 10 to 12 minutes. Cool cookies for 5 minutes before transferring to a wire rack to cool completely.

Nutrition Facts



Properties

Glycemic Index:4.71, Glycemic Load:9.68, Inflammation Score:-1, Nutrition Score:2.2378260987284%

Flavonoids

Cyanidin: 0.05mg, Cyanidin: 0.05mg, Cyanidin: 0.05mg, Cyanidin: 0.05mg Catechin: 0.02mg, Catechin: 0.02mg, Catechin: 0.02mg, Catechin: 0.02mg Epigallocatechin: 0.04mg, Epigallocatechin: 0.04mg, Epigallocatechin: 0.04mg, Epigallocatechin: 0.04mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Isorhamnetin: 0.04mg, Isorhamnetin: 0.04mg, Isorhamnetin: 0.04mg, Isorhamnetin: 0.04mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Myricetin: 0.05mg, Myricetin: 0.05mg, Myricetin: 0.05mg, Myricetin: 0.05mg Quercetin: 0.1mg, Quercetin: 0.1mg, Quercetin: 0.1mg, Quercetin: 0.1mg

Nutrients (% of daily need)

Calories: 127.24kcal (6.36%), Fat: 6.71g (10.32%), Saturated Fat: 2.72g (17.01%), Carbohydrates: 15.72g (5.24%), Net Carbohydrates: 15.2g (5.53%), Sugar: 8.82g (9.8%), Cholesterol: 13.04mg (4.35%), Sodium: 84.69mg (3.68%), Alcohol: 0.08g (100%), Alcohol %: 0.34% (100%), Protein: 1.54g (3.08%), Selenium: 3.61µg (5.16%), Manganese: 0.1mg (4.82%), Vitamin B1: 0.07mg (4.8%), Vitamin E: 0.67mg (4.49%), Vitamin B2: 0.07mg (4.38%), Folate: 17.05µg (4.26%), Vitamin B3: 0.58mg (2.9%), Iron: 0.51mg (2.82%), Phosphorus: 27.42mg (2.74%), Fiber: 0.52g (2.08%), Calcium: 20.6mg (2.06%), Vitamin K: 2.01µg (1.91%), Vitamin A: 82.57IU (1.65%), Magnesium: 6.28mg (1.57%), Copper: 0.03mg (1.55%), Vitamin B5: 0.11mg (1.09%)