



## Some Like it Hot" Turkey Sandwich

READY IN



5 min.

SERVINGS



5

CALORIES



54 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

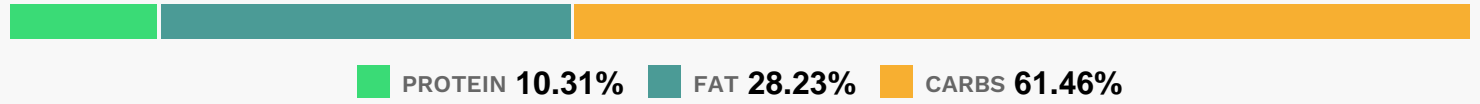
- 1 Tbsp chipotle aioli kraft
- 1 slice oscar mayer honey turkey smoked white
- 2 Tbsp jalapeño pepper
- 2 slices cocktail rye bread
- 1 sharp cheddar singles kraft
- 2 slices tomatoes

### Equipment

## Directions

- Spread 1 bread slice with aioli.
- Top with peppers, Singles, turkey and tomatoes.
- Cover with remaining bread slice.

## Nutrition Facts



## Properties

Glycemic Index:40.32, Glycemic Load:3.24, Inflammation Score:-1, Nutrition Score:2.9156522058436%

## Nutrients (% of daily need)

Calories: 53.74kcal (2.69%), Fat: 1.69g (2.6%), Saturated Fat: 0.34g (2.12%), Carbohydrates: 8.28g (2.76%), Net Carbohydrates: 6.92g (2.52%), Sugar: 0.68g (0.76%), Cholesterol: 1.13mg (0.38%), Sodium: 105.13mg (4.57%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.39g (2.78%), Manganese: 0.41mg (20.61%), Selenium: 4.13µg (5.9%), Fiber: 1.35g (5.42%), Vitamin K: 4.12µg (3.92%), Vitamin B1: 0.06mg (3.89%), Folate: 14.59µg (3.65%), Iron: 0.6mg (3.32%), Vitamin B2: 0.05mg (2.84%), Copper: 0.06mg (2.81%), Vitamin B3: 0.52mg (2.58%), Magnesium: 9.33mg (2.33%), Calcium: 21.44mg (2.14%), Phosphorus: 20.81mg (2.08%), Potassium: 54.35mg (1.55%), Zinc: 0.18mg (1.22%)