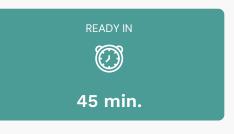


Sour Cream Cake Layers







DESSERT

Ingredients

8 ounce cup heavy whipping cream sour

0.3 cup vegetable oil

0.5 cup water

18.3 ounce duncan hines classic decadent cake mix white

Equipment

oven

plastic wrap

Directions	
	Beat all ingredients at low speed with an electric mixer 30 seconds or just until moistened; beat at medium speed 2 minutes.
	Pour batter evenly into 4 greased and floured 8-inch round cakepans.
	Bake at 350 for 15 to 17 minutes or until a wooden pick inserted in center comes out clean. Cool in pans on wire racks 10 minutes.
	Remove from pans, and cool completely on wire racks. Wrap layers in plastic wrap, and freeze 2 hours or up to 1 month, if desired.
	Note: To prepare 9-inch round Sour Cream Cake
	Layers, use 4 greased and floured 9-inch round cakepans.
	Bake at 350 for 12 to 14 minutes or until a wooden pick inserted in center comes out clean. Cool in pans on wire racks 10 minutes.
	Remove from pans, and cool completely on wire racks.
	*Spice, chocolate, or your favorite cake mix may be substituted.
Nutrition Facts	
	10.10/
	PROTEIN 4.94% FAT 40.94% CARBS 54.12%

Properties

hand mixer

Glycemic Index:O, Glycemic Load:O, Inflammation Score:-5, Nutrition Score:15.727826040724%

Nutrients (% of daily need)

Calories: 789.77kcal (39.49%), Fat: 36.32g (55.87%), Saturated Fat: 11.8g (73.78%), Carbohydrates: 108.01g (36%), Net Carbohydrates: 106.59g (38.76%), Sugar: 56.45g (62.73%), Cholesterol: 126.45mg (42.15%), Sodium: 950.91mg (41.34%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 9.86g (19.72%), Phosphorus: 528.48mg (52.85%), Vitamin K: 37.83µg (36.03%), Calcium: 355.42mg (35.54%), Selenium: 20.9µg (29.85%), Vitamin B2: 0.49mg (28.83%), Folate: 105.69µg (26.42%), Vitamin E: 3.09mg (20.6%), Vitamin B1: 0.3mg (20.13%), Iron: 3mg (16.68%), Vitamin B3: 3.16mg (15.79%), Manganese: 0.28mg (13.92%), Vitamin A: 488.23IU (9.76%), Vitamin B5: 0.95mg (9.54%), Zinc: 1.11mg (7.38%), Copper: 0.14mg (6.89%), Magnesium: 23.19mg (5.8%), Vitamin B12: 0.34µg (5.69%), Fiber: 1.42g (5.69%), Potassium: 185.57mg (5.3%), Vitamin B6: 0.1mg (5.1%), Vitamin D: 0.5µg (3.33%)