



## Sour Cream Chunk Cookies

READY IN



65 min.

SERVINGS



60

CALORIES



72 kcal

DESSERT

### Ingredients

- ☐ 0.5 cup peppermint candies white cooled melted
- ☐ 0.8 cup sugar
- ☐ 0.8 cup butter softened
- ☐ 0.5 cup cream sour
- ☐ 1 teaspoon vanilla
- ☐ 1 eggs
- ☐ 2 cups flour all-purpose
- ☐ 1 teaspoon double-acting baking powder
- ☐ 0.5 teaspoon baking soda

- ☐ 2 ounces baker's chocolate chopped
- ☐ 0.5 cup pecans chopped

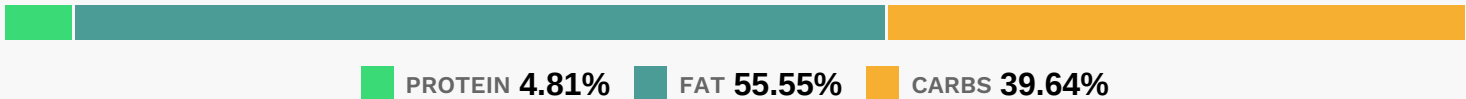
## Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ wire rack
- ☐ hand mixer

## Directions

- ☐ Heat oven to 375°F.
- ☐ Beat melted white baking chips, sugar and butter in large bowl with electric mixer on medium speed until smooth. Stir in sour cream, vanilla and egg. Stir in flour, baking powder and baking soda until well blended. Stir in chocolate and pecans.
- ☐ Drop dough by teaspoonfuls about 2 inches apart onto ungreased cookie sheet.
- ☐ Bake 8 to 10 minutes or until light golden brown.
- ☐ Remove from cookie sheet to wire rack.

## Nutrition Facts



## Properties

Glycemic Index:4.12, Glycemic Load:4.07, Inflammation Score:-1, Nutrition Score:1.4213043367085%

## Flavonoids

Cyanidin: 0.1mg, Cyanidin: 0.1mg, Cyanidin: 0.1mg, Cyanidin: 0.1mg Delphinidin: 0.07mg, Delphinidin: 0.07mg, Delphinidin: 0.07mg, Delphinidin: 0.07mg Catechin: 0.67mg, Catechin: 0.67mg, Catechin: 0.67mg, Catechin: 0.67mg Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg Epicatechin: 1.35mg, Epicatechin: 1.35mg, Epicatechin: 1.35mg, Epicatechin: 1.35mg Epigallocatechin 3-gallate: 0.02mg, Epigallocatechin 3-gallate: 0.02mg, Epigallocatechin 3-gallate: 0.02mg, Epigallocatechin 3-gallate: 0.02mg

Nutrients (% of daily need)

Calories: 71.98kcal (3.6%), Fat: 4.6g (7.08%), Saturated Fat: 1.64g (10.27%), Carbohydrates: 7.39g (2.46%), Net Carbohydrates: 7.04g (2.56%), Sugar: 3.75g (4.16%), Cholesterol: 3.86mg (1.29%), Sodium: 46.14mg (2.01%), Alcohol: 0.02g (100%), Alcohol %: 0.18% (100%), Protein: 0.9g (1.8%), Manganese: 0.11mg (5.47%), Vitamin B1: 0.04mg (2.74%), Selenium: 1.83µg (2.62%), Copper: 0.05mg (2.43%), Vitamin A: 117.91IU (2.36%), Iron: 0.4mg (2.24%), Folate: 8.58µg (2.14%), Vitamin B2: 0.03mg (1.82%), Phosphorus: 15.82mg (1.58%), Fiber: 0.36g (1.43%), Magnesium: 5.5mg (1.37%), Vitamin B3: 0.27mg (1.36%), Calcium: 12.32mg (1.23%), Zinc: 0.18mg (1.18%)