

South x Southwest



Gluten Free



Dairy Free

READY IN



1 min.

SERVINGS



1

CALORIES



246 kcal

SIDE DISH

Ingredients

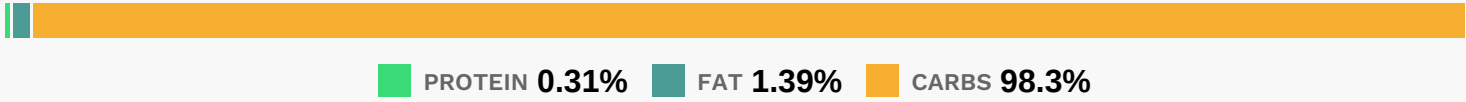
- ☐ 1.5 ounces agave nectar 100%
- ☐ 1 Dash angostura bitters
- ☐ 1 ounce juice of lemon freshly squeezed
- ☐ 2 sprigs rosemary
- ☐ 1 ounce st. germain

Equipment

Directions

- ☐ Muddle rosemary in a cocktail shaker.
- ☐ Add tequila, St. Germain, lemon, and bitters to cocktail shaker.
- ☐ Add ice and shake until well chilled, about 15 seconds. Strain into a Collins glass filled with ice. Top with Moscato d'Asti and garnish with a sprig of rosemary.

Nutrition Facts



Properties

Glycemic Index:85, Glycemic Load:4.89, Inflammation Score:-2, Nutrition Score:2.681739087338%

Flavonoids

Eriodictyol: 1.38mg, Eriodictyol: 1.38mg, Eriodictyol: 1.38mg, Eriodictyol: 1.38mg Hesperetin: 4.1mg, Hesperetin: 4.1mg, Hesperetin: 4.1mg, Hesperetin: 4.1mg Naringenin: 0.39mg, Naringenin: 0.39mg, Naringenin: 0.39mg, Naringenin: 0.39mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.1mg, Quercetin: 0.1mg, Quercetin: 0.1mg, Quercetin: 0.1mg

Nutrients (% of daily need)

Calories: 246.48kcal (12.32%), Fat: 0.29g (0.45%), Saturated Fat: 0.03g (0.16%), Carbohydrates: 46.03g (15.34%), Net Carbohydrates: 45.78g (16.65%), Sugar: 40.66g (45.18%), Cholesterol: 0mg (0%), Sodium: 2.08mg (0.09%), Alcohol: 0.45g (100%), Alcohol %: 0.57% (100%), Protein: 0.15g (0.29%), Vitamin C: 18.32mg (22.21%), Vitamin K: 9.57µg (9.11%), Vitamin B6: 0.12mg (5.8%), Folate: 19.04µg (4.76%), Vitamin B2: 0.08mg (4.43%), Vitamin B1: 0.06mg (3.98%), Vitamin E: 0.46mg (3.06%), Vitamin B3: 0.32mg (1.6%), Selenium: 0.76µg (1.09%), Fiber: 0.26g (1.02%)