

Southern 75



Vegetarian



Vegan



Dairy Free

READY IN



185 min.

SERVINGS



5

CALORIES



187 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

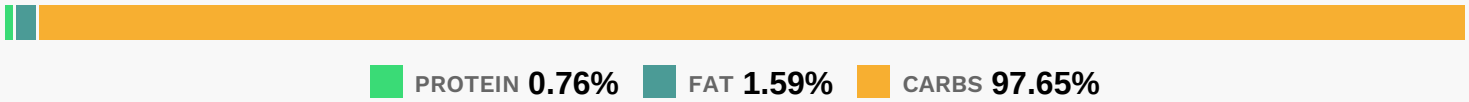
- ☐ 1 cup bourbon
- ☐ 2 cups cider hard chilled (such as Angry Orchard)
- ☐ 0.5 cup juice of lemon
- ☐ 0.3 cup powdered sugar
- ☐ 1 slices rosemary sprigs

Equipment

Directions

- ☐ Stir together bourbon, lemon juice, and powdered sugar in a pitcher until sugar dissolves (about 30 seconds). Cover and chill 3 hours. Divide among 8 Champagne flutes; top each with 1/4 cup chilled hard cider (such as Angry Orchard).
- ☐ Garnish, if desired.
- ☐ Mix together the first 3 ingredients of this twist on a classic French 75 up to 24 hours ahead.

Nutrition Facts



Properties

Glycemic Index:17, Glycemic Load:0.03, Inflammation Score:-4, Nutrition Score:0.91000000193067%

Flavonoids

Eriodictyol: 1.19mg, Eriodictyol: 1.19mg, Eriodictyol: 1.19mg, Eriodictyol: 1.19mg Hesperetin: 3.53mg, Hesperetin: 3.53mg, Hesperetin: 3.53mg, Hesperetin: 3.53mg Naringenin: 0.34mg, Naringenin: 0.34mg, Naringenin: 0.34mg, Naringenin: 0.34mg Quercetin: 0.09mg, Quercetin: 0.09mg, Quercetin: 0.09mg, Quercetin: 0.09mg

Nutrients (% of daily need)

Calories: 186.73kcal (9.34%), Fat: 0.09g (0.14%), Saturated Fat: 0.02g (0.15%), Carbohydrates: 12.3g (4.1%), Net Carbohydrates: 12.14g (4.41%), Sugar: 10.94g (12.16%), Cholesterol: 0mg (0%), Sodium: 4.76mg (0.21%), Alcohol: 20.75g (100%), Alcohol %: 15.03% (100%), Protein: 0.1g (0.19%), Vitamin C: 9.57mg (11.59%), Folate: 5.49µg (1.37%)