



Spiced After-Dinner Coffee



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



8

CALORIES



192 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.7 cup amaretto
- ☐ 5 sticks cinnamon (3-inch)
- ☐ 8 cups roast coffee dark brewed
- ☐ 8 servings orange rind strips
- ☐ 1 cup sugar
- ☐ 8 servings whipped cream

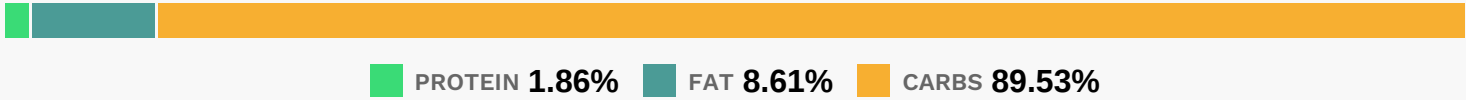
Equipment

- ☐ sauce pan

Directions

- ☐ Heat coffee and next 3 ingredients in a saucepan over low heat 10 minutes. (Do not boil.) Stir in amaretto.
- ☐ Pour into mugs; serve with whipped cream and orange rind strips.
- ☐ Place a strip of orange rind on rim of each cup, if desired.

Nutrition Facts



Properties

Glycemic Index:16.26, Glycemic Load:17.89, Inflammation Score:-2, Nutrition Score:4.5634781821914%

Flavonoids

Epigallocatechin: 0.09mg, Epigallocatechin: 0.09mg, Epigallocatechin: 0.09mg, Epigallocatechin: 0.09mg
Epicatechin: 0.09mg, Epicatechin: 0.09mg, Epicatechin: 0.09mg, Epicatechin: 0.09mg
Myricetin: 0.12mg, Myricetin: 0.12mg, Myricetin: 0.12mg
Quercetin: 0.12mg, Quercetin: 0.12mg, Quercetin: 0.12mg

Nutrients (% of daily need)

Calories: 191.66kcal (9.58%), Fat: 1.57g (2.42%), Saturated Fat: 0.87g (5.41%), Carbohydrates: 36.74g (12.25%), Net Carbohydrates: 34.31g (12.48%), Sugar: 31.81g (35.34%), Cholesterol: 4.56mg (1.52%), Sodium: 7.62mg (0.33%), Alcohol: 5.11g (100%), Alcohol %: 2.15% (100%), Caffeine: 99.91mg (33.3%), Protein: 0.76g (1.53%), Manganese: 0.44mg (22.05%), Vitamin C: 16.4mg (19.88%), Vitamin B2: 0.2mg (11.93%), Fiber: 2.43g (9.73%), Vitamin B5: 0.69mg (6.87%), Calcium: 52.49mg (5.25%), Potassium: 166.22mg (4.75%), Vitamin B1: 0.05mg (3.4%), Vitamin B3: 0.62mg (3.11%), Magnesium: 12.31mg (3.08%), Folate: 8.65µg (2.16%), Vitamin A: 97.95IU (1.96%), Iron: 0.33mg (1.83%), Phosphorus: 17.55mg (1.76%), Copper: 0.03mg (1.67%), Vitamin B6: 0.03mg (1.47%)